

# Papillary Muscle and Moderator Band Ventricular Tachycardia

VT Symposium 2018

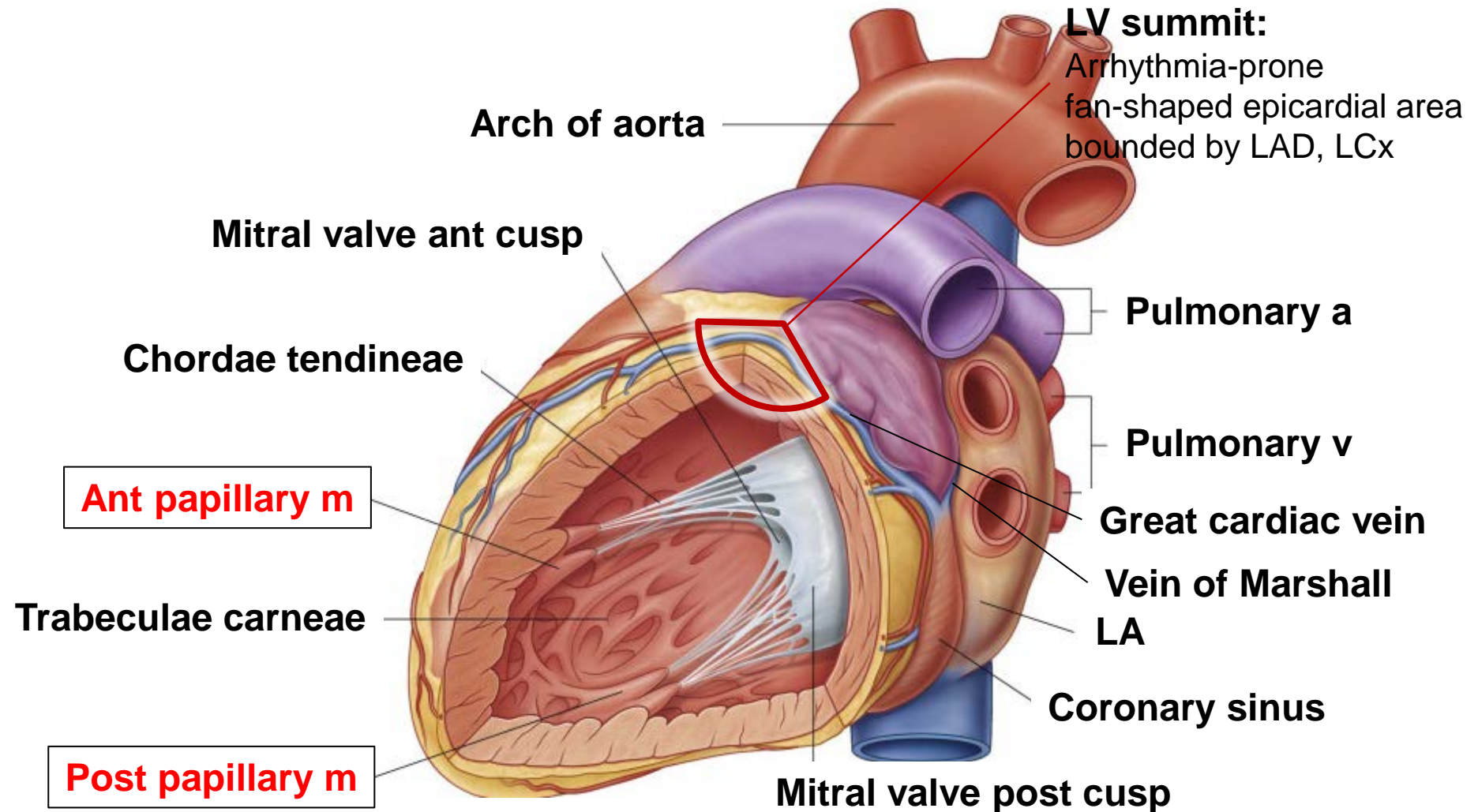
Nov 3, 2018

***Jaemin Shim, MD, PhD***

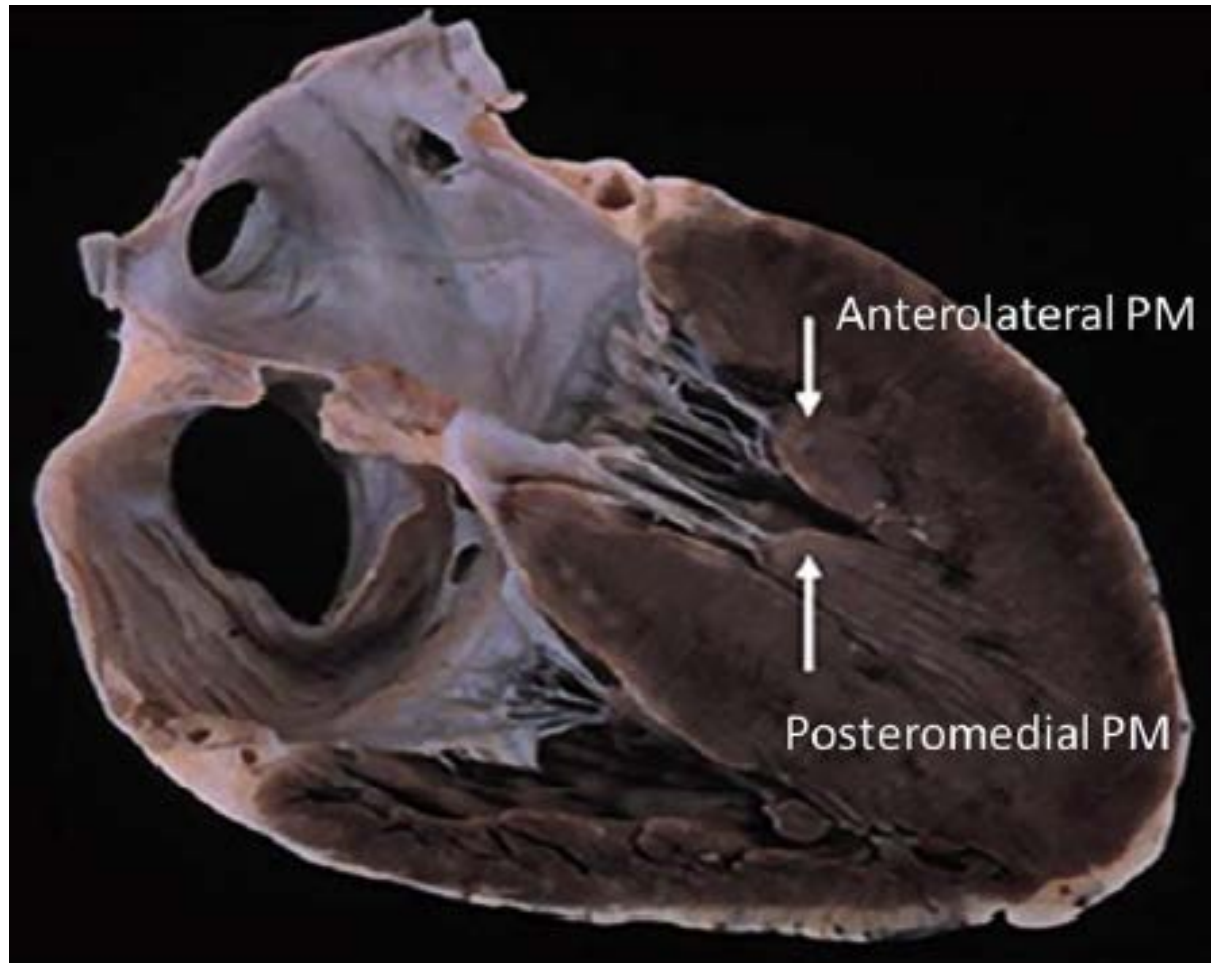
***Arrhythmia Center***

***Korea University Anam Hospital, Seoul, Korea***

# Papillary Muscles (PM) of Left Ventricle



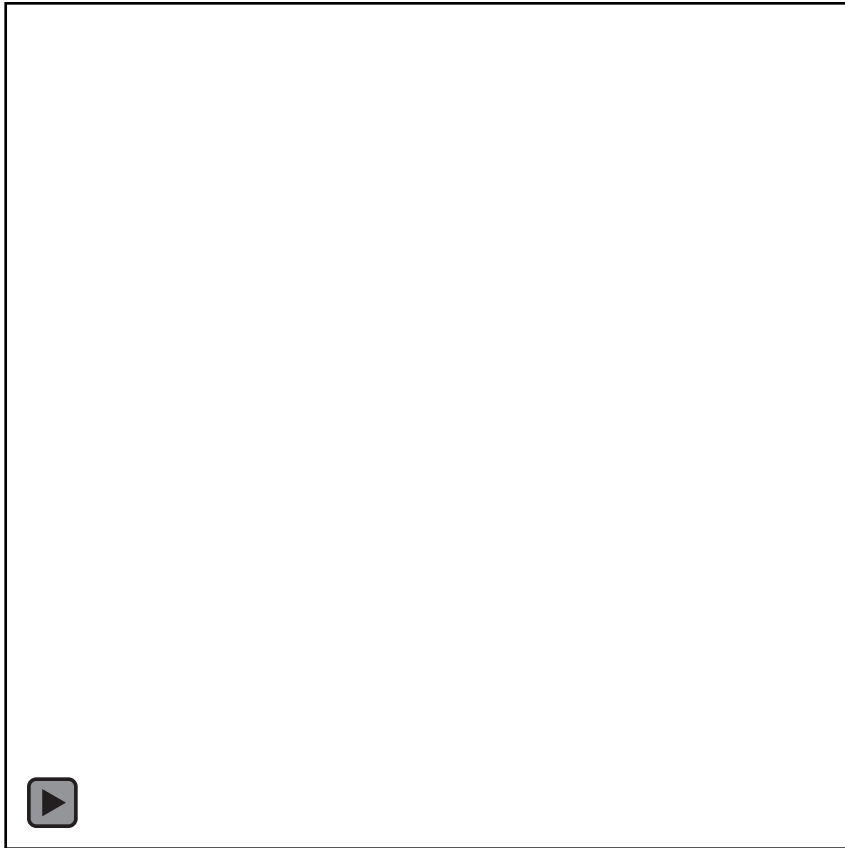
# Papillary Muscles (PM) of Left Ventricle



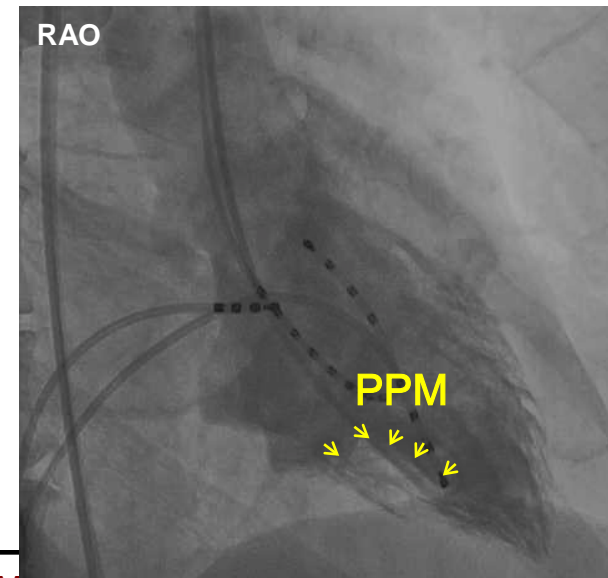
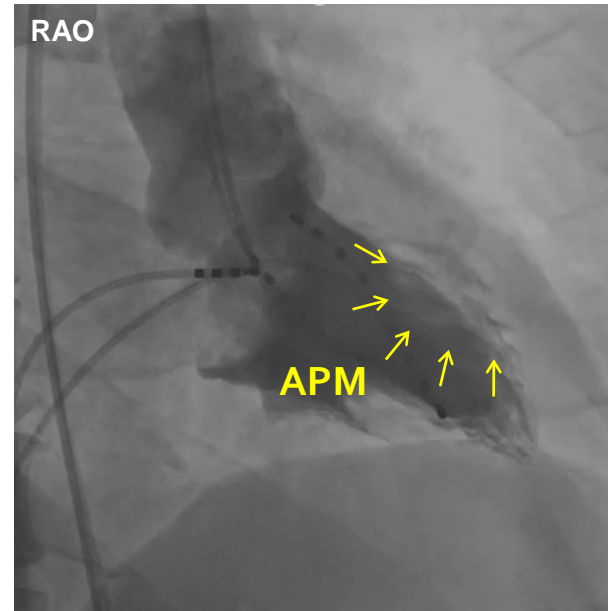
*Naksuk N et al. Card Electrophysiol Clin. 2016;8:555-65*



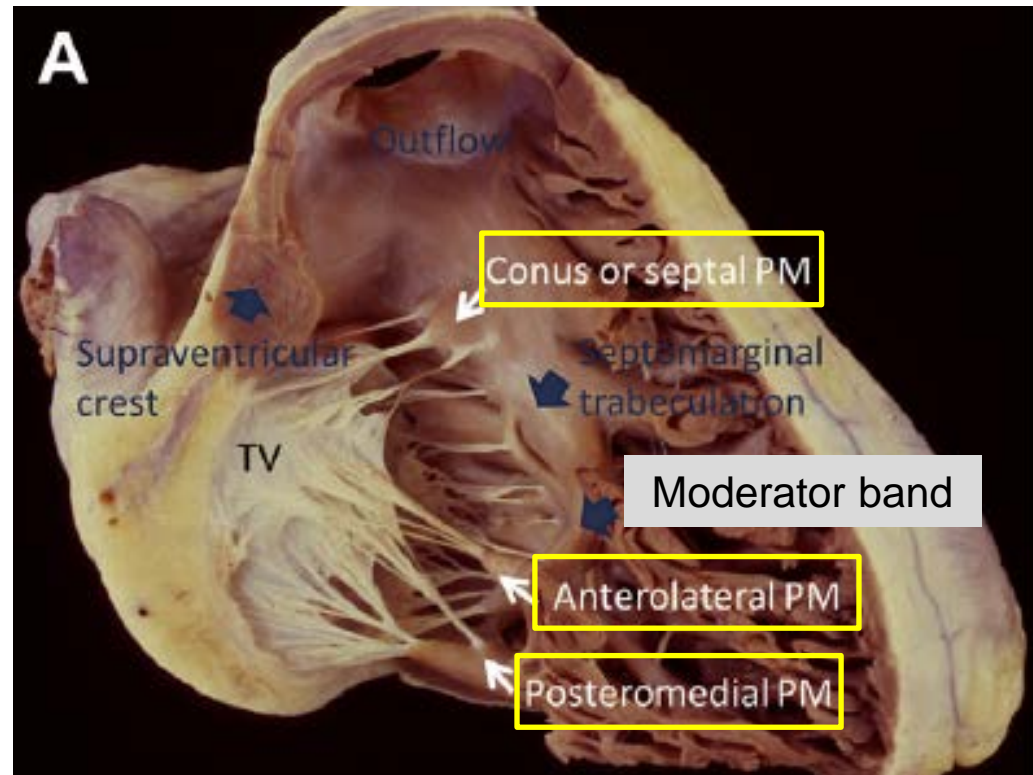
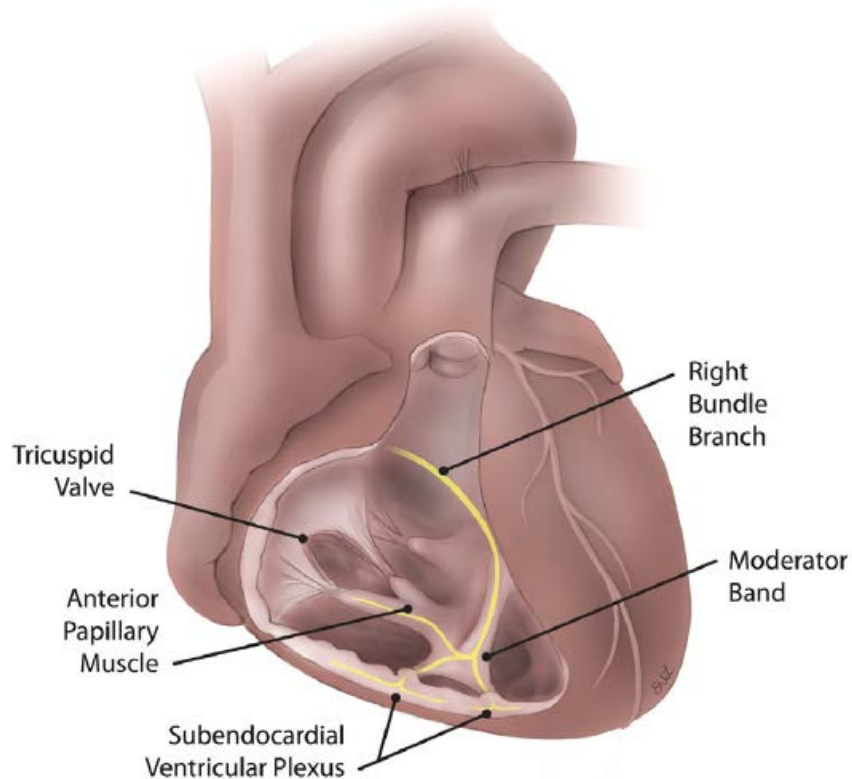
# LV Angiography



RAO 35°



# Papillary Muscles (PM) of Right Ventricle



*Naksuk N et al. Card Electrophysiol Clin. 2016;8:555-65*



# Mechanism

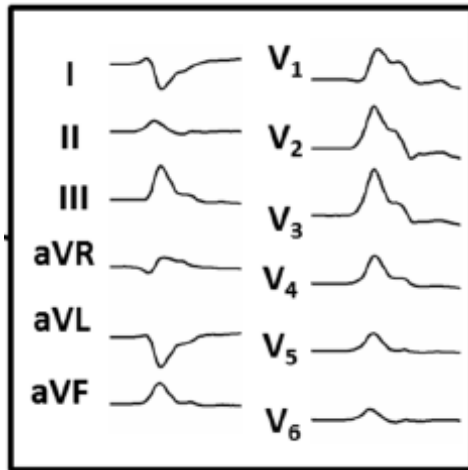
- **Triggered activity or abnormal automaticity**
  - Sensitive to catecholamines
  - Noninducible by programmed stimulation
  - The first beat of tachycardia is typically similar to subsequent beats
  - Non-entrainable
  - Typical lack of low voltage or fractionated potentials at the sites of ablation success

# 12 Lead ECG

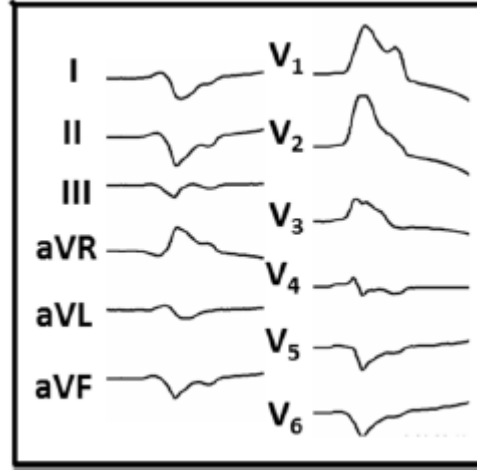
- **LV Anterior PM**
  - RBBB, right inferior axis
  - Transition at leads V3-V5
  - Inferior lead discordance (lead II (-), lead III (+))
- **LV Posterior PM**
  - RBBB, superior axis
  - Transition at leads V3-V5

# PM VT vs. Fascicular VT

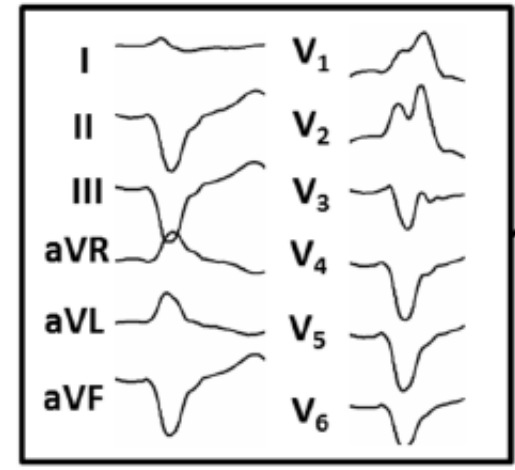
**APM**



**PPM**



**Fascicular**



|                       | <b>PM VT</b> | <b>Fascicular VT</b> |
|-----------------------|--------------|----------------------|
| <b>QRS duration</b>   | 150 ± 15     | 127 ± 11             |
| <b>V1</b>             | qR or R      | rsR'                 |
| <b>Q waves I, aVL</b> | No           | Yes                  |

*Good E et al. Heart Rhythm 2008;5:1530–1537*

*Al'Aref SJ et al. Circ Arrhythm Electrophysiol. 2015;8:616-24*



# Differentiation of PM VT vs. Fascicular VT

|  | PM VT  | Fascicular VT                     |
|--|--|-----------------------------------|
| <b>Age</b>   | Older  | Younger                           |
| <b>Manifestation</b>                                   | Sustained VT < PVC or NSVT                             | Sustained VT > PVC or NSVT        |
| <b>Response to verapamil</b>                           | (-)  | (+)                               |
| <b>Mechanism</b>                                       | Abnormal automaticity or triggered activity            | Re-entry                          |
| <b>ECG</b>   |  |                                   |
| <b>V1 QRS morphology</b>                               | RBBB, qR or R  | RBBB, rsR'                        |
| <b>QRS duration</b>                                    | Longer   | Shorter                           |
| <b>Q wave in I and aVL</b>                             | (-)  | (+)                               |
| <b>Mode of induction</b>                               | Isoproterenol or epinephrine infusion and burst pacing | Programmed electrical stimulation |
| <b>Fractionated potentials at the successful sites</b> | (-)  | (+)                               |
| <b>Recurrence after RFCA</b>                           | Relatively high  | Low                               |

*Modified from Park YM. Int J Arrhythm 2015;16:219-223*



# 12 Lead ECG

- **Moderator band (MB)**

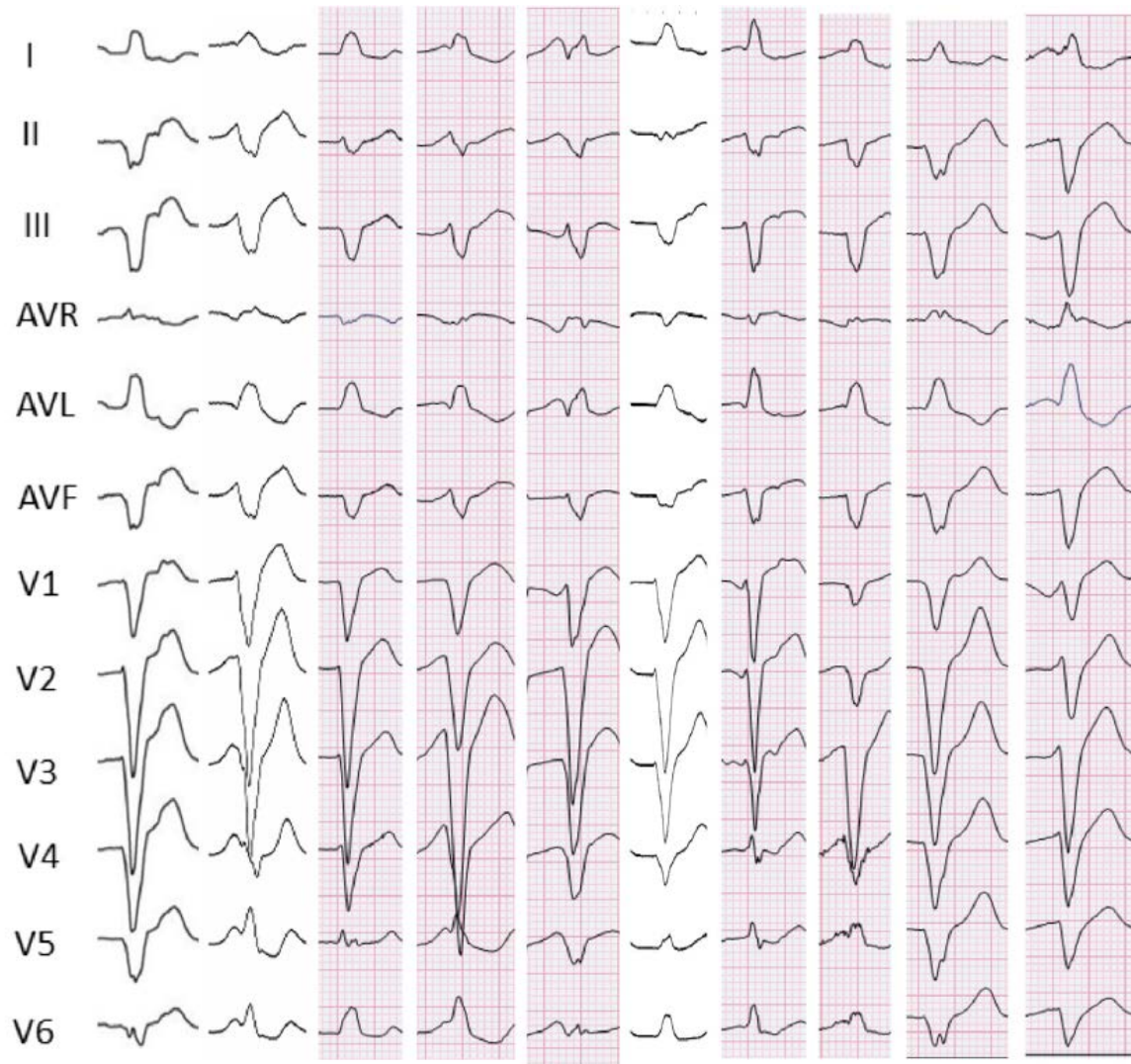
- LBBB, left superior axis
- Late transition ( $\geq V4$ )

- **RV PM**

- LBBB
- Anterior or posterior PM: late transition ( $\geq V4$ ), superior axis  $>$  inferior axis
- Septal PM: early transition and inferior axis, similar to RVOT VT, but wider QRS and notching in precordial leads

# 12 Lead ECG

**Moderator  
Band**

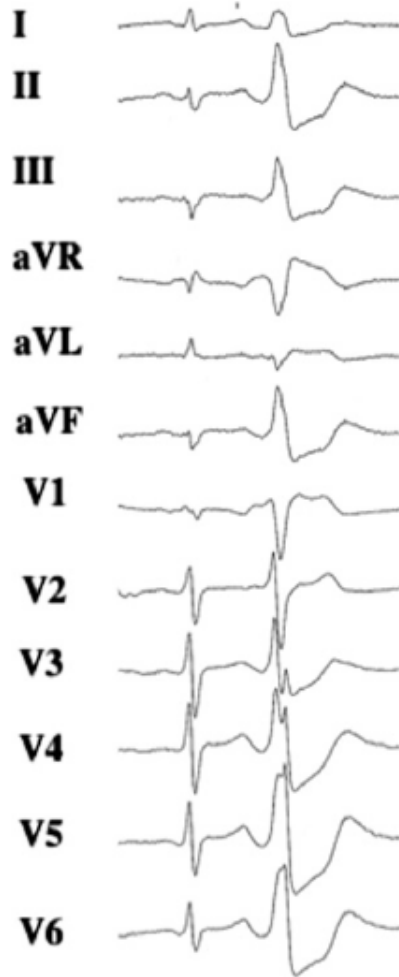


*Sadek MM et al. Heart Rhythm. 2015;12:67-75.*

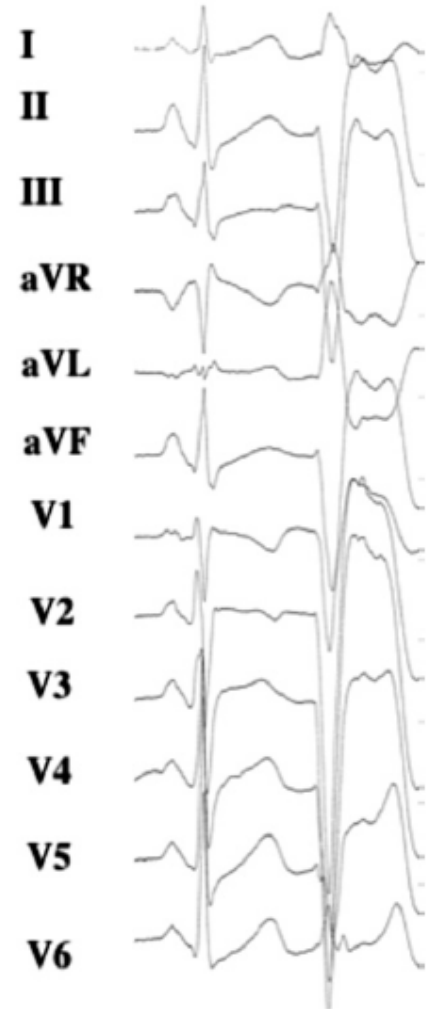


# 12 Lead ECG

**RV  
Septal PM**



**RV  
Posterior PM**



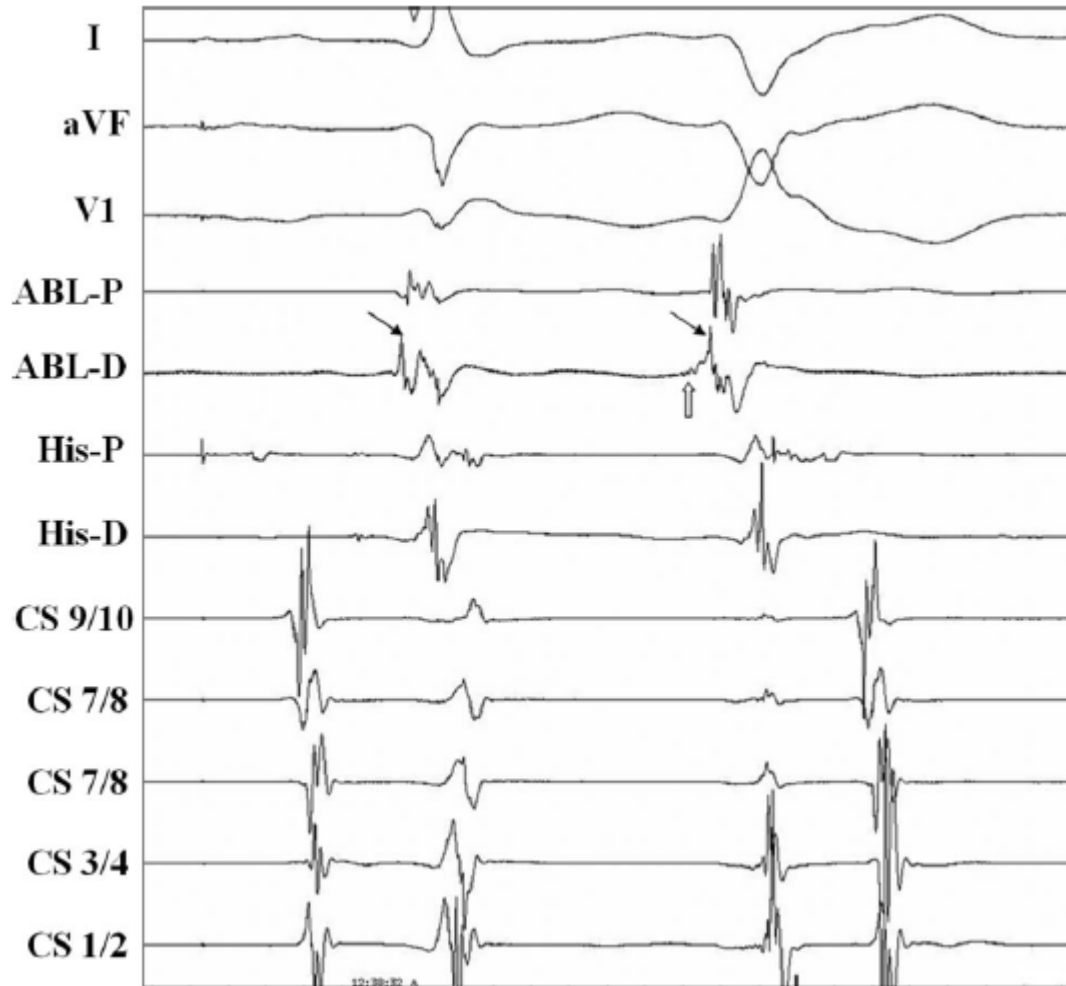
*Crawford T et al. Heart Rhythm. 2010;7:725-30*



# Mapping Technique

- **Transaortic vs. Transseptal**
  - Transaortic: PPM or medial aspect of APM
  - Transseptal: lateral APM, steerable sheath
- **Activation mapping**
  - Most commonly used
  - $\geq -30$  ms earlier than QRS
  - QS pattern in unipolar recording
  - Sharp early signals: a more superficial location
  - Far-field signals: a deeper location
  - Sharp Purkinje potential (~40%)

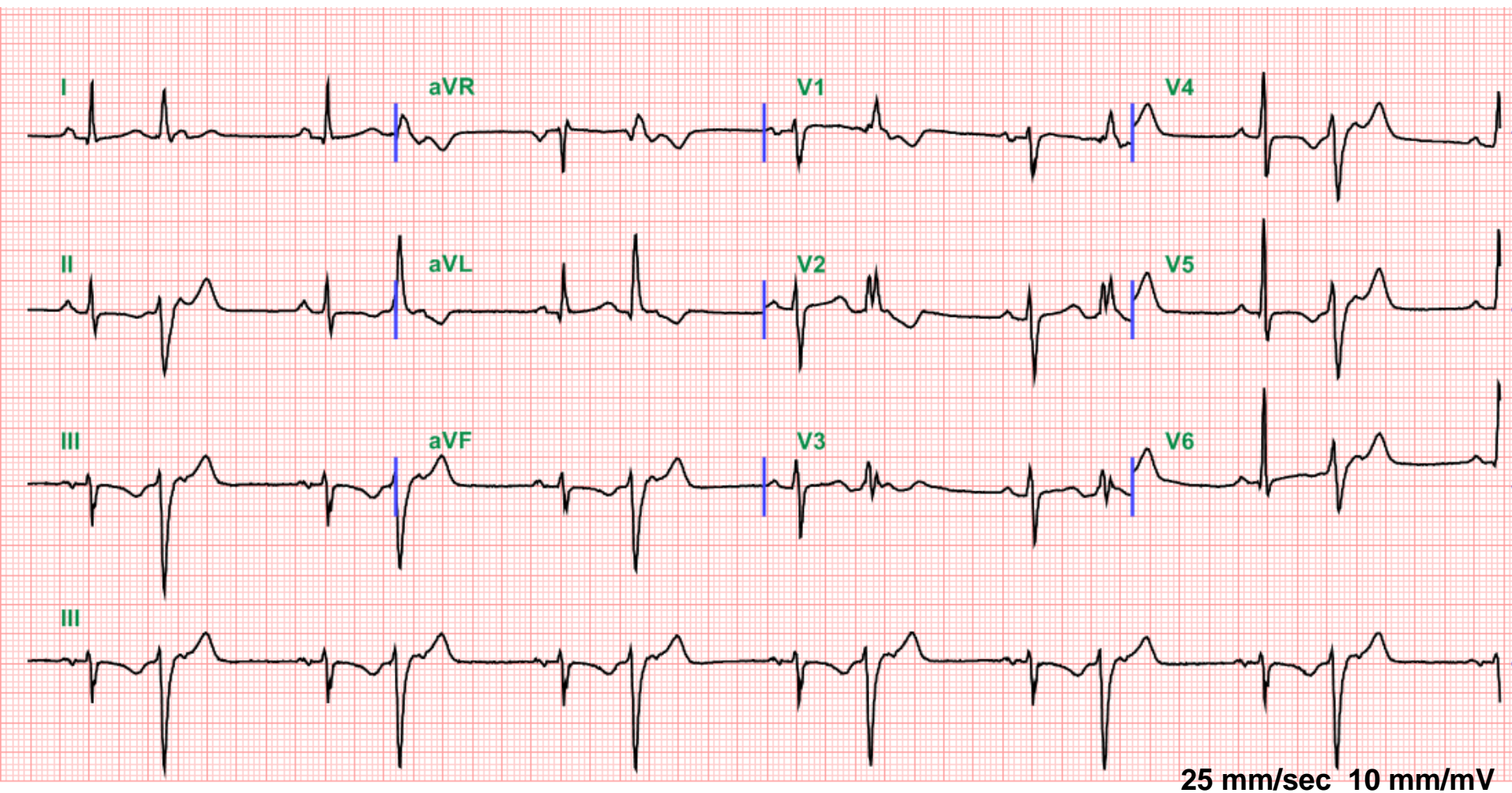
# Purkinje Potential during Mapping



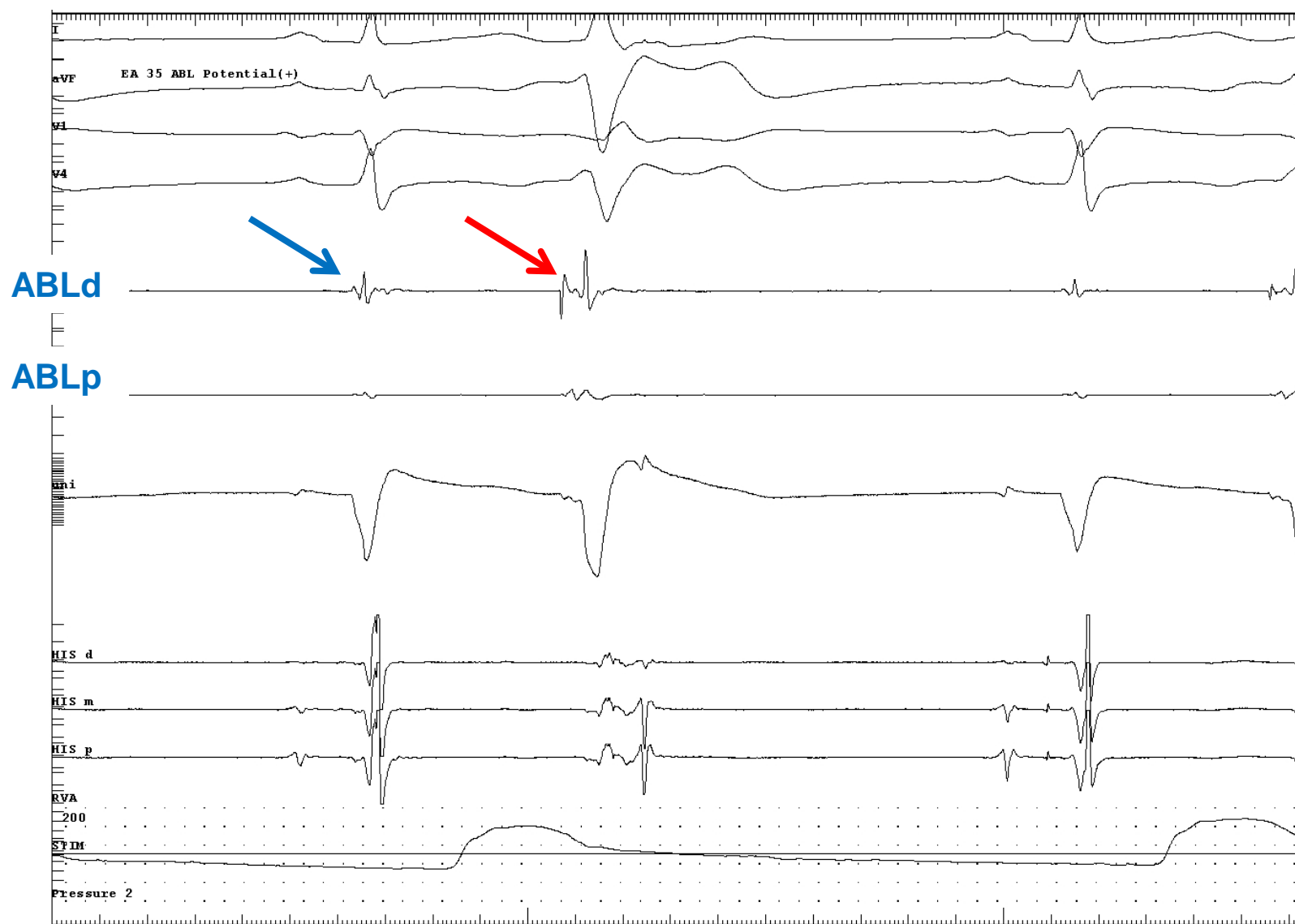
*Doppalapudi H et al. Circ Arrhythm Electrophysiol. 2008;1:23-9*



● F/54, palpitation



- Purkinje potential, -35ms earlier than QRS





● ICE



# Mapping Technique

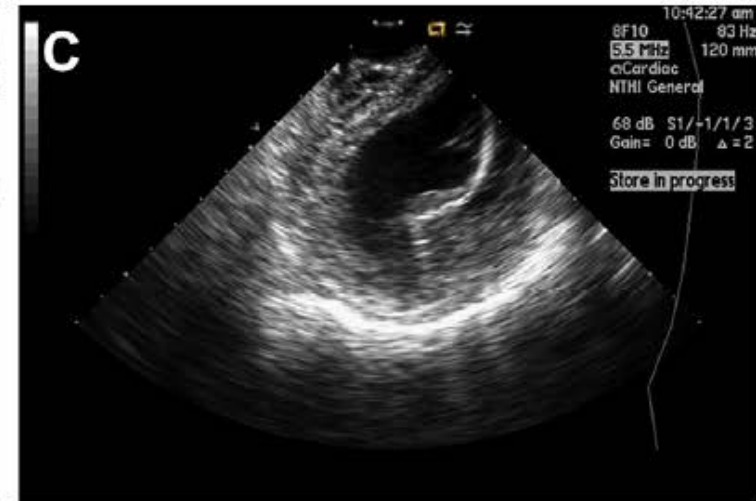
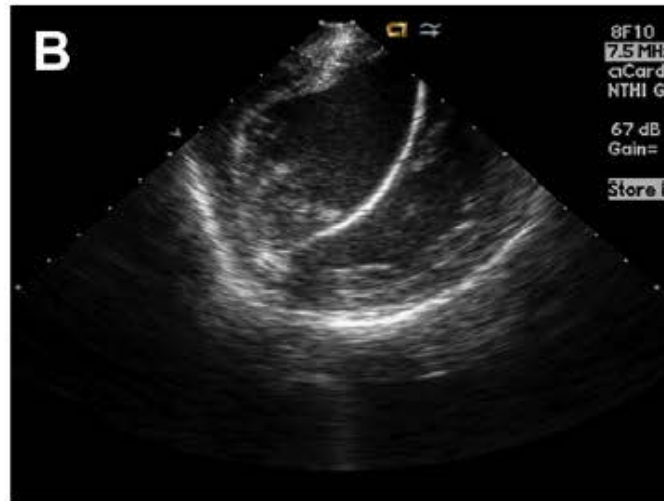
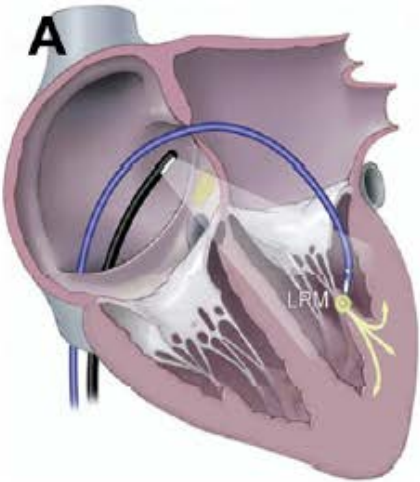
- **Pace mapping**
  - Useful, but not sufficient by itself
  - Possibility of capturing adjacent tissue
  - Sites of successful ablation usually exhibit an excellent pace map ( $\geq 11/12$ )
  - Ablation at sites with perfect pace maps may fail to terminate the arrhythmia (exit site vs. origin)
- ICE is fundamental to allow real-time visualization of PM and ensure proper catheter-tissue contact

# Mapping Technique

- ICE allows clear visualization and confirmation of contact

PPM

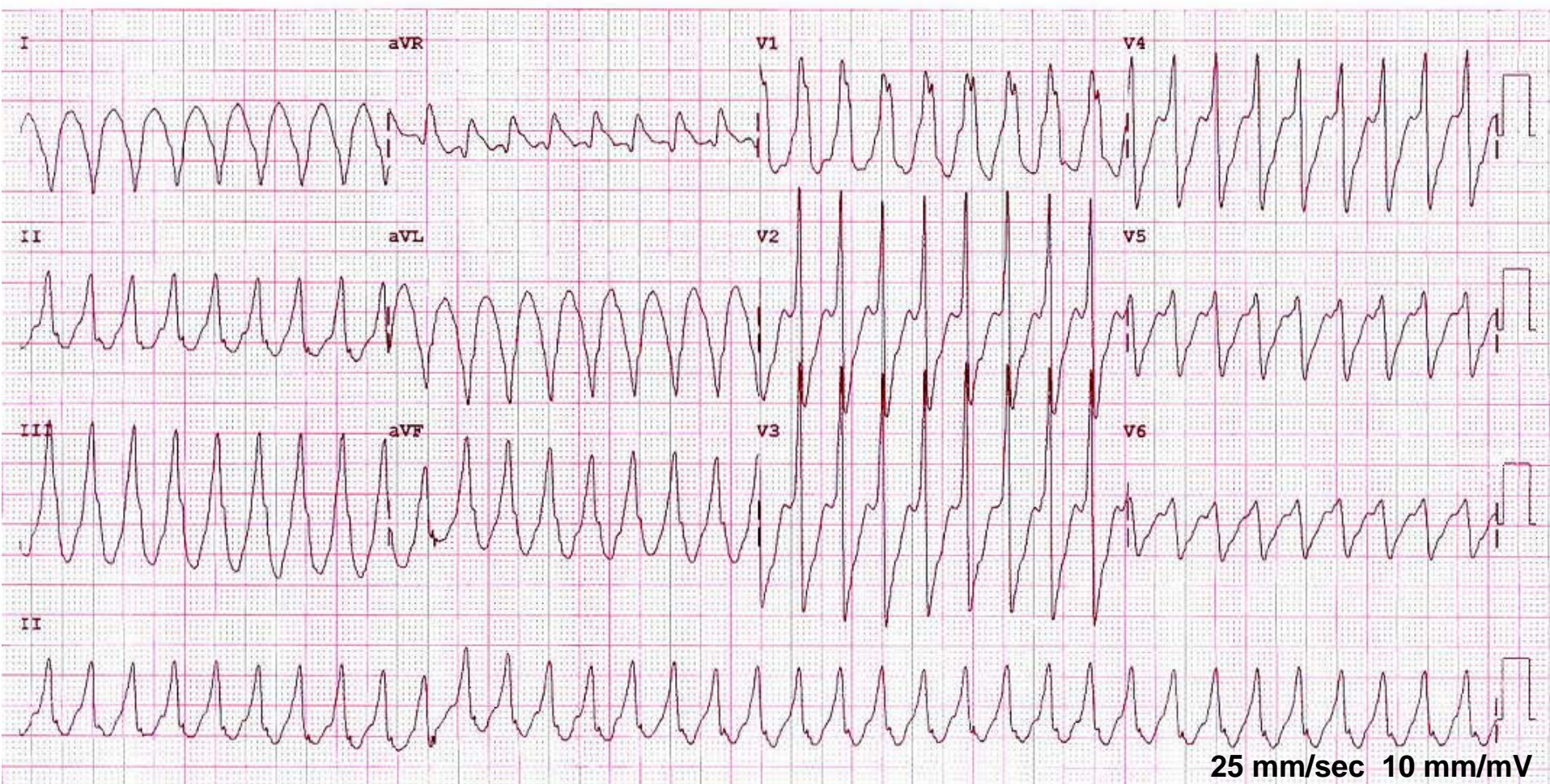
APM



Naksuk N et al. *Card Electrophysiol Clin.* 2016;8:555-65



- M/65, Palpitation and dyspnea, DM, HTN



HR 213/min, QRSD=171ms, RBBB, Right inferior axis

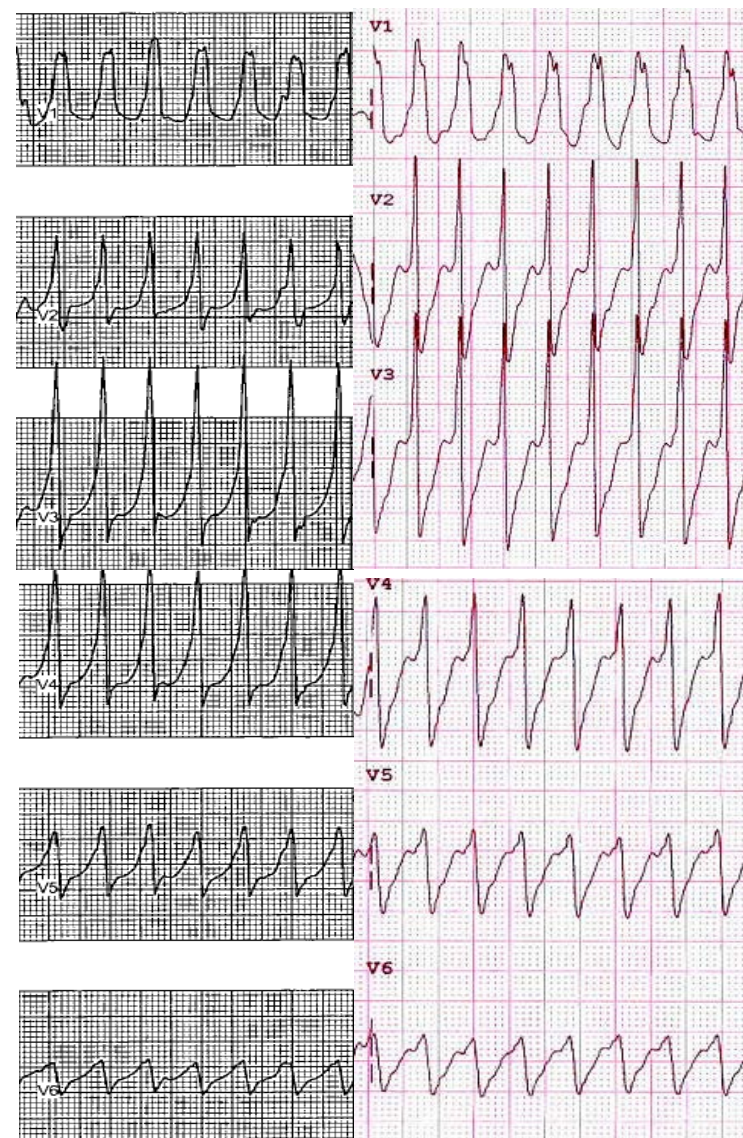
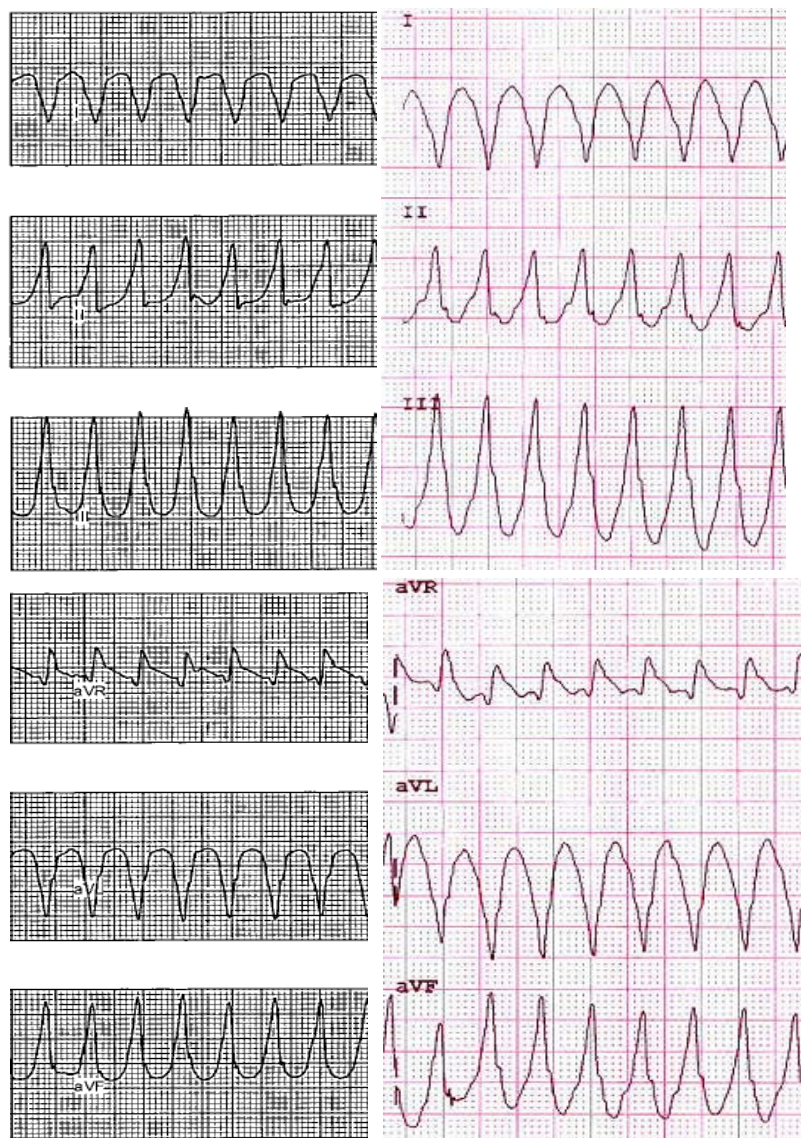
# ● VEST 400/300/290/220 – VT Induction



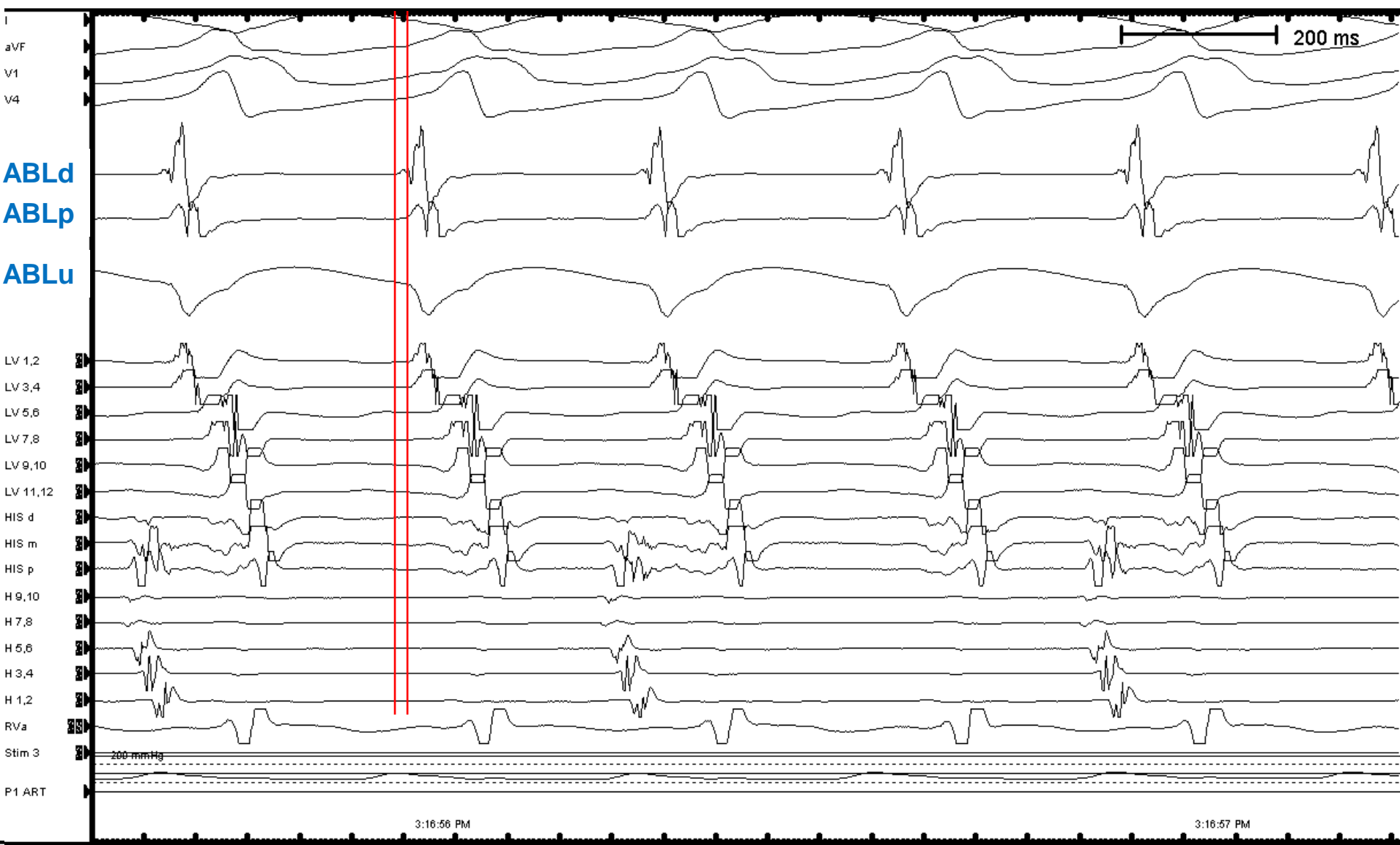
● VT – TCL 300ms



## ● Comparison of induced VT vs. clinical VT

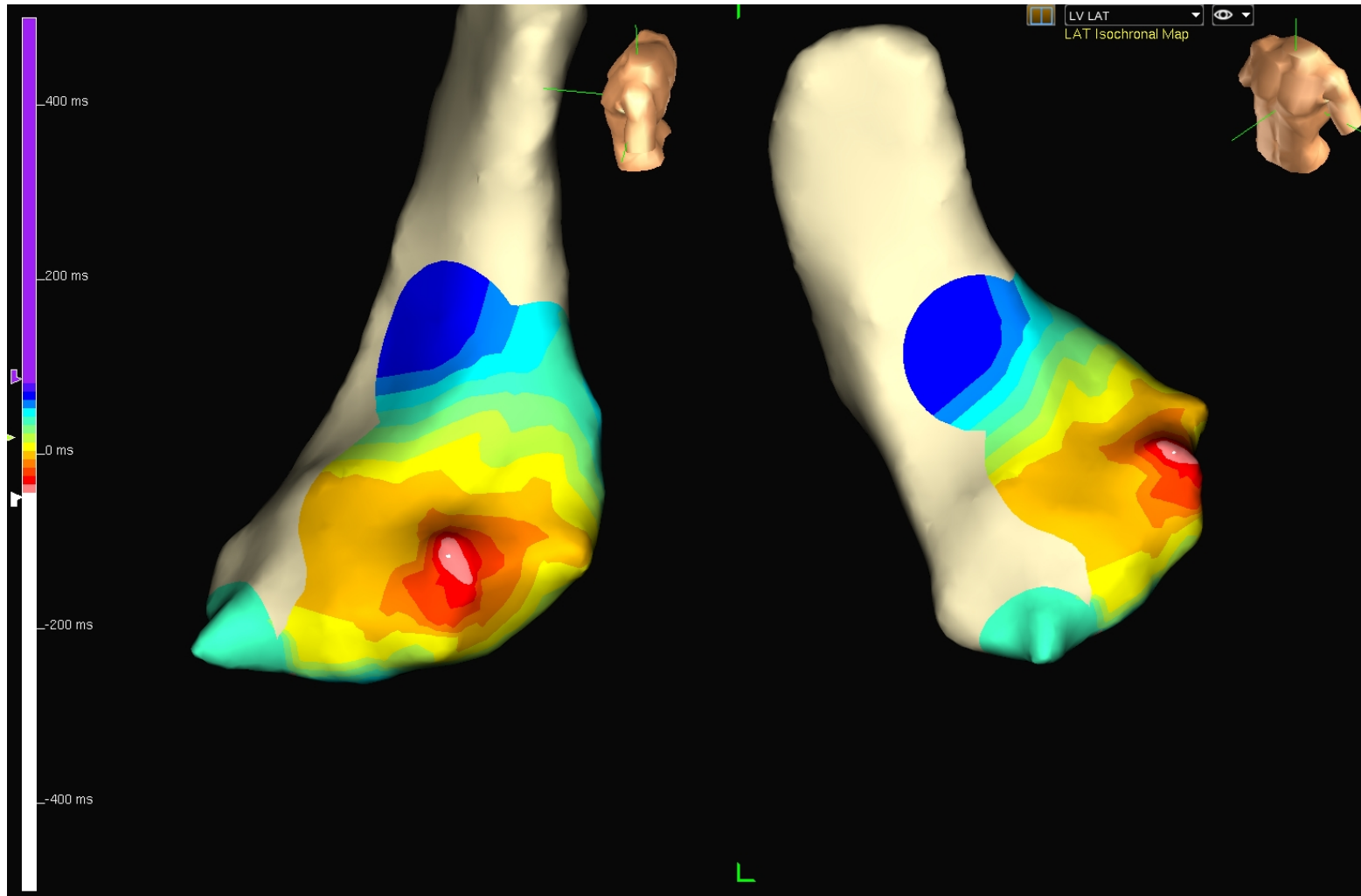


● Activation mapping, -25ms earlier than QRS

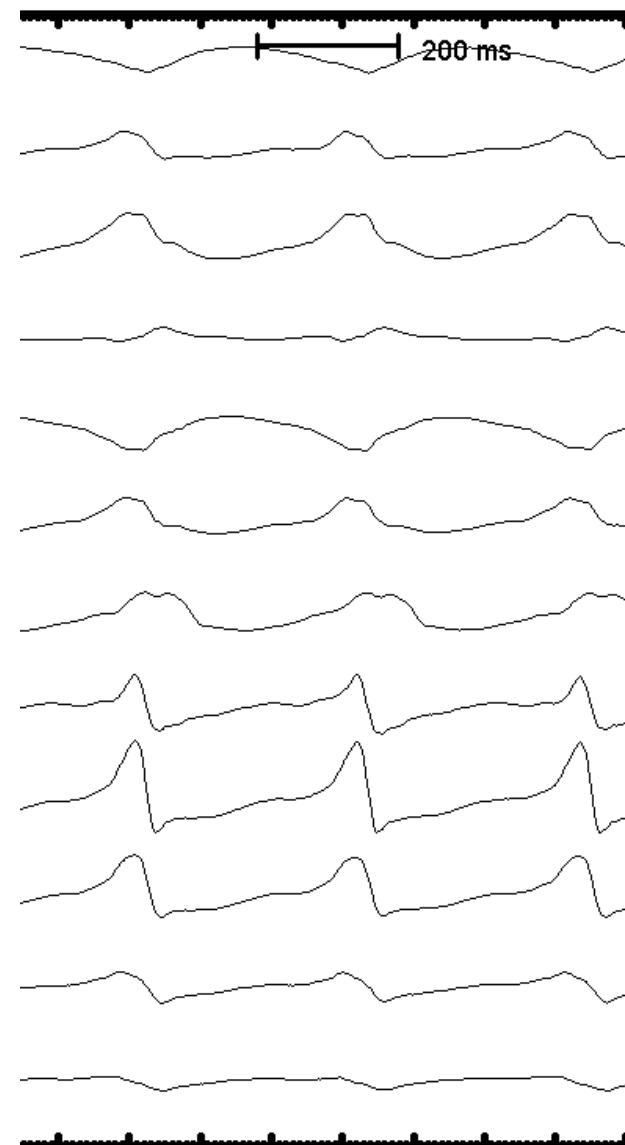




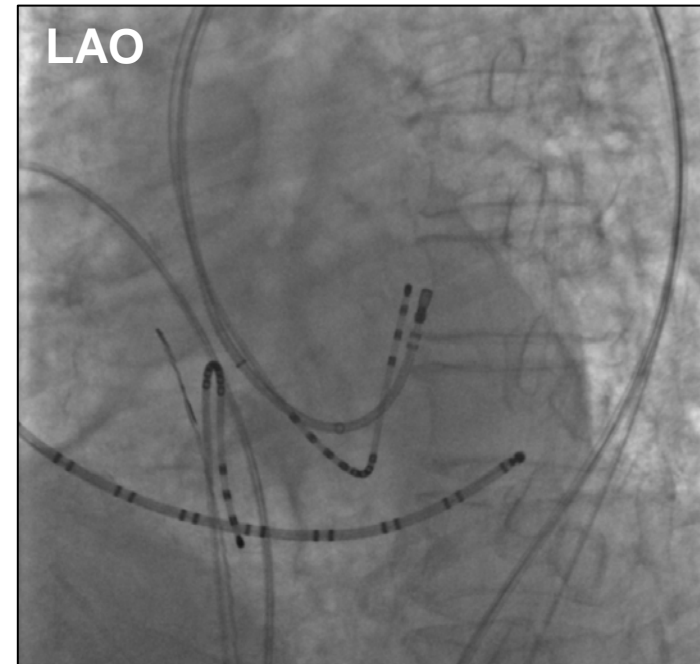
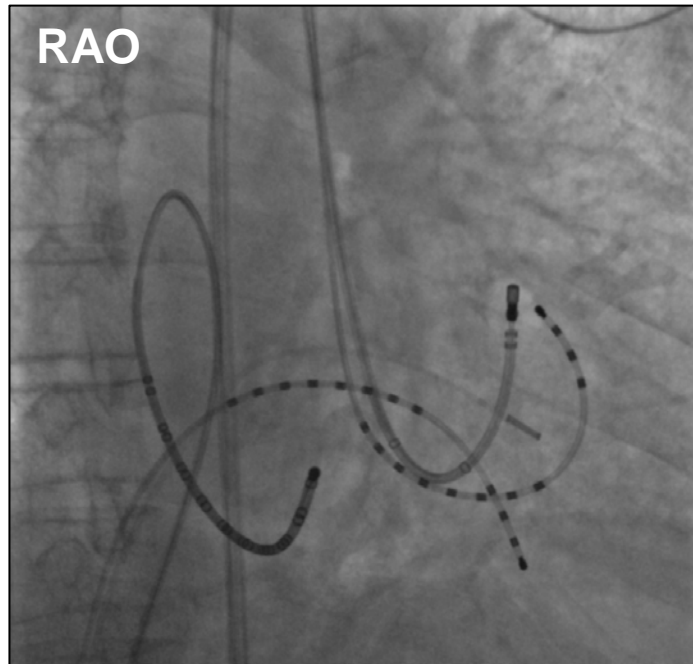
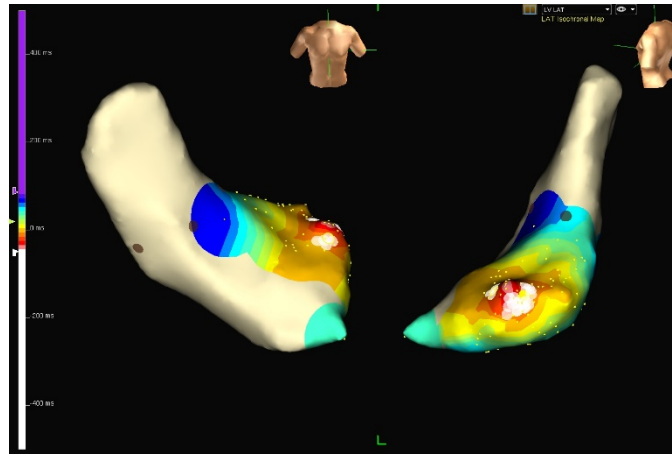
# ● Activation mapping



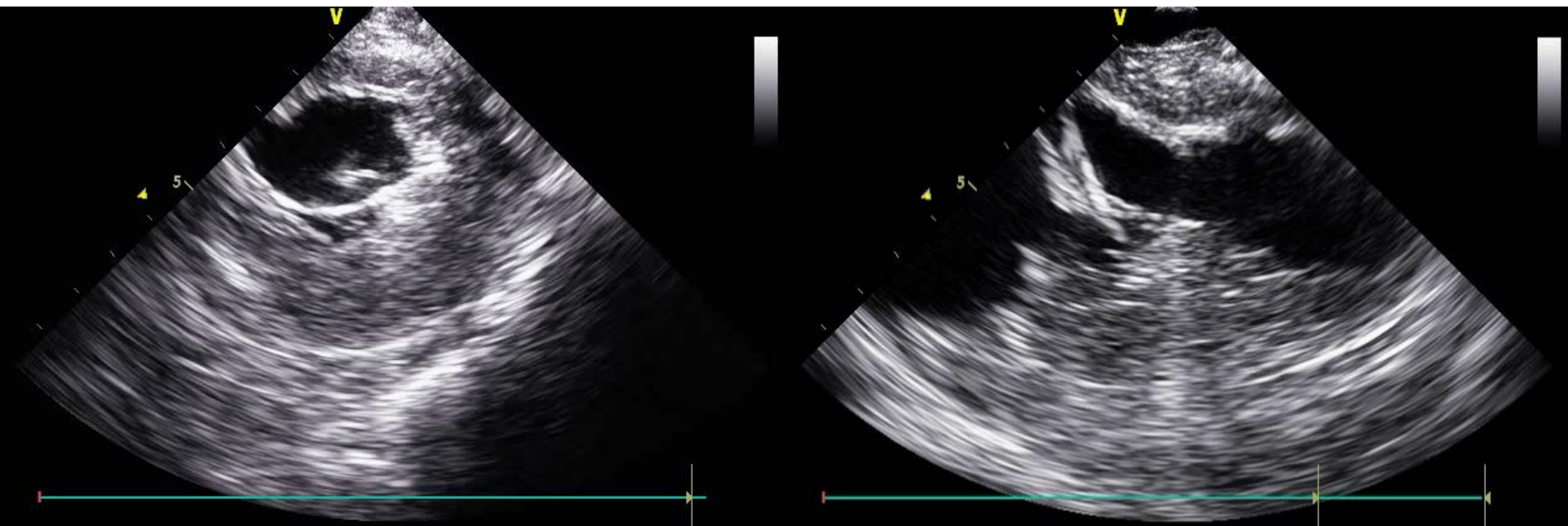
# ● Pace mapping



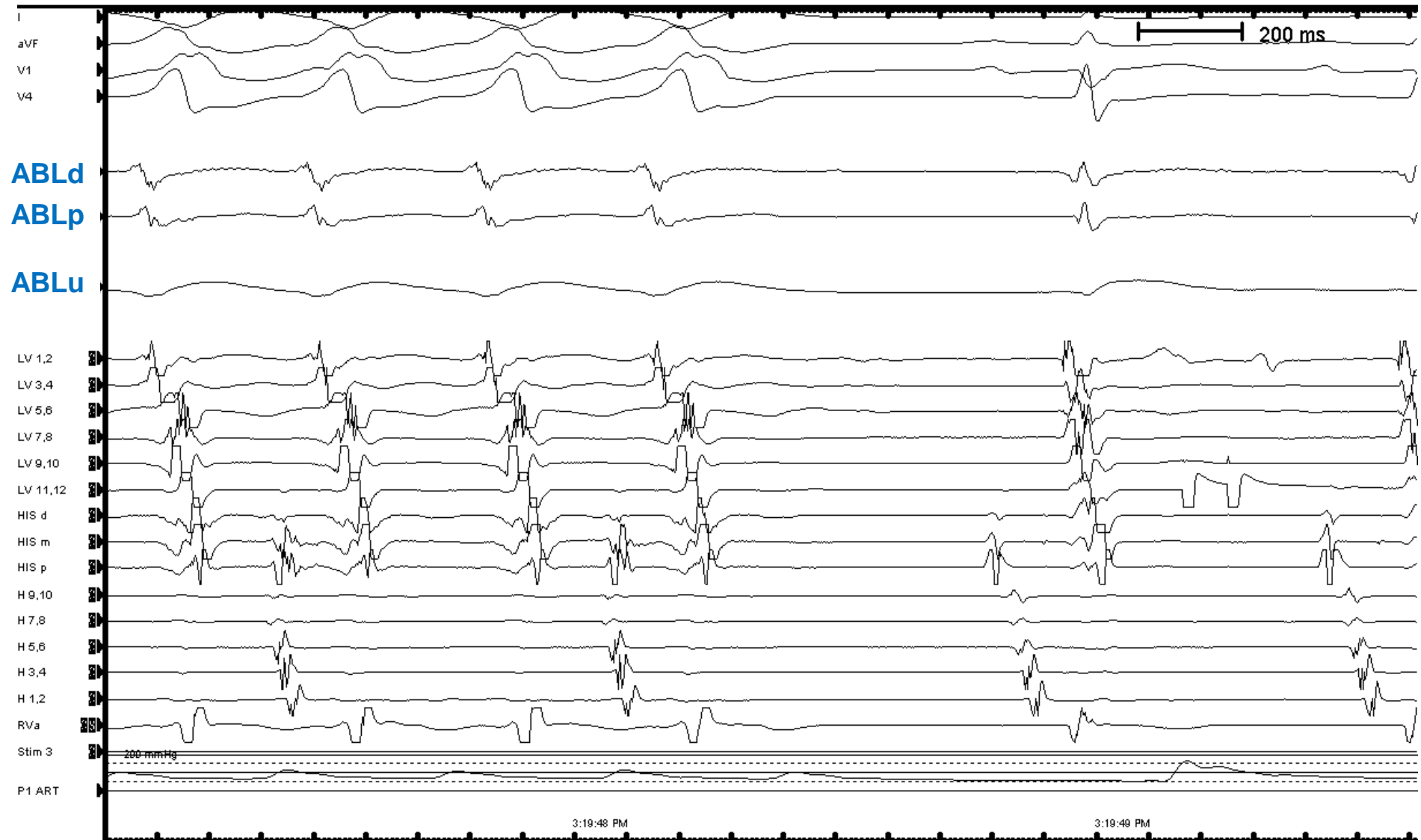
- Successful ablation site



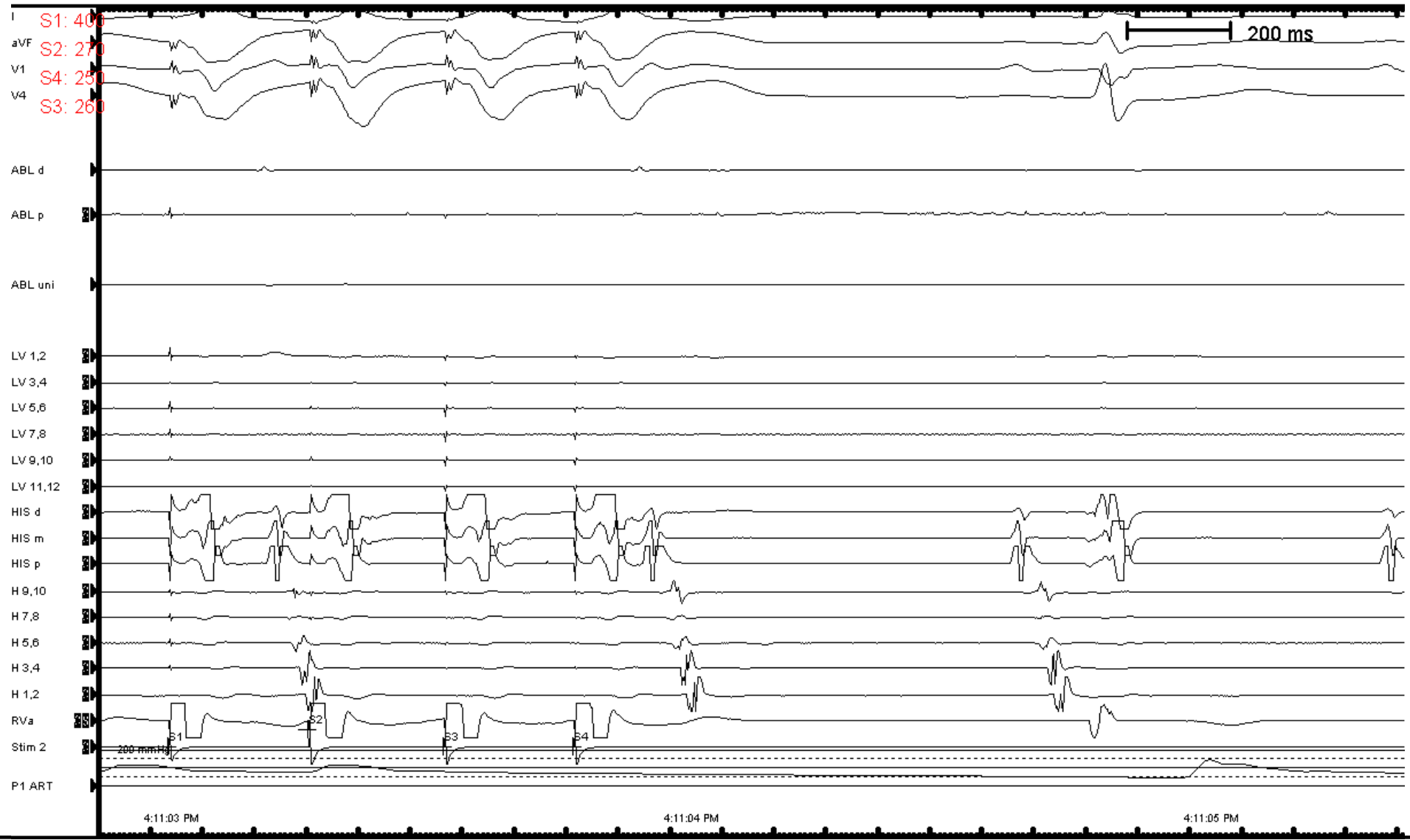
- Ablation site on ICE



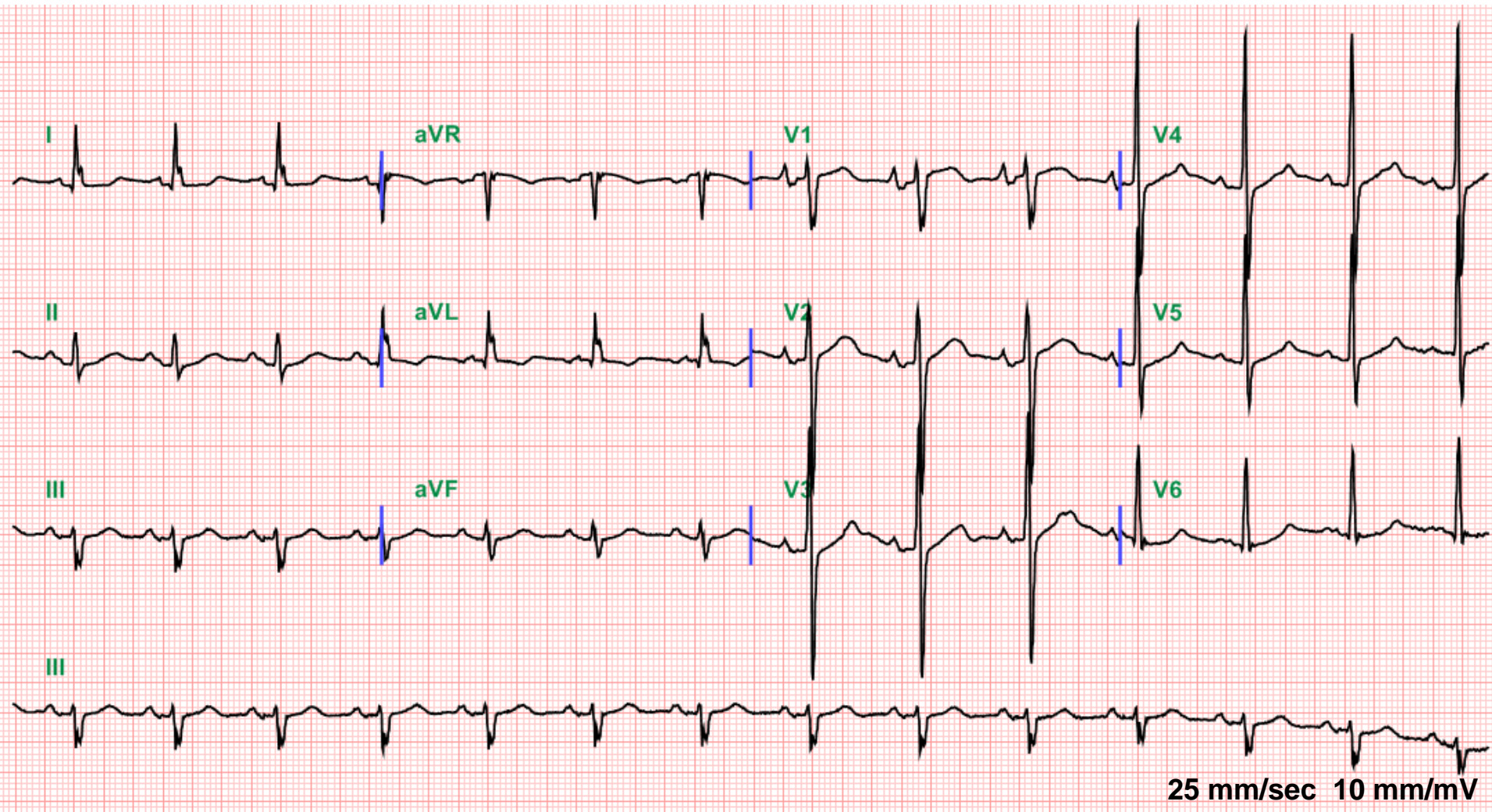
# ● VT termination during ablation



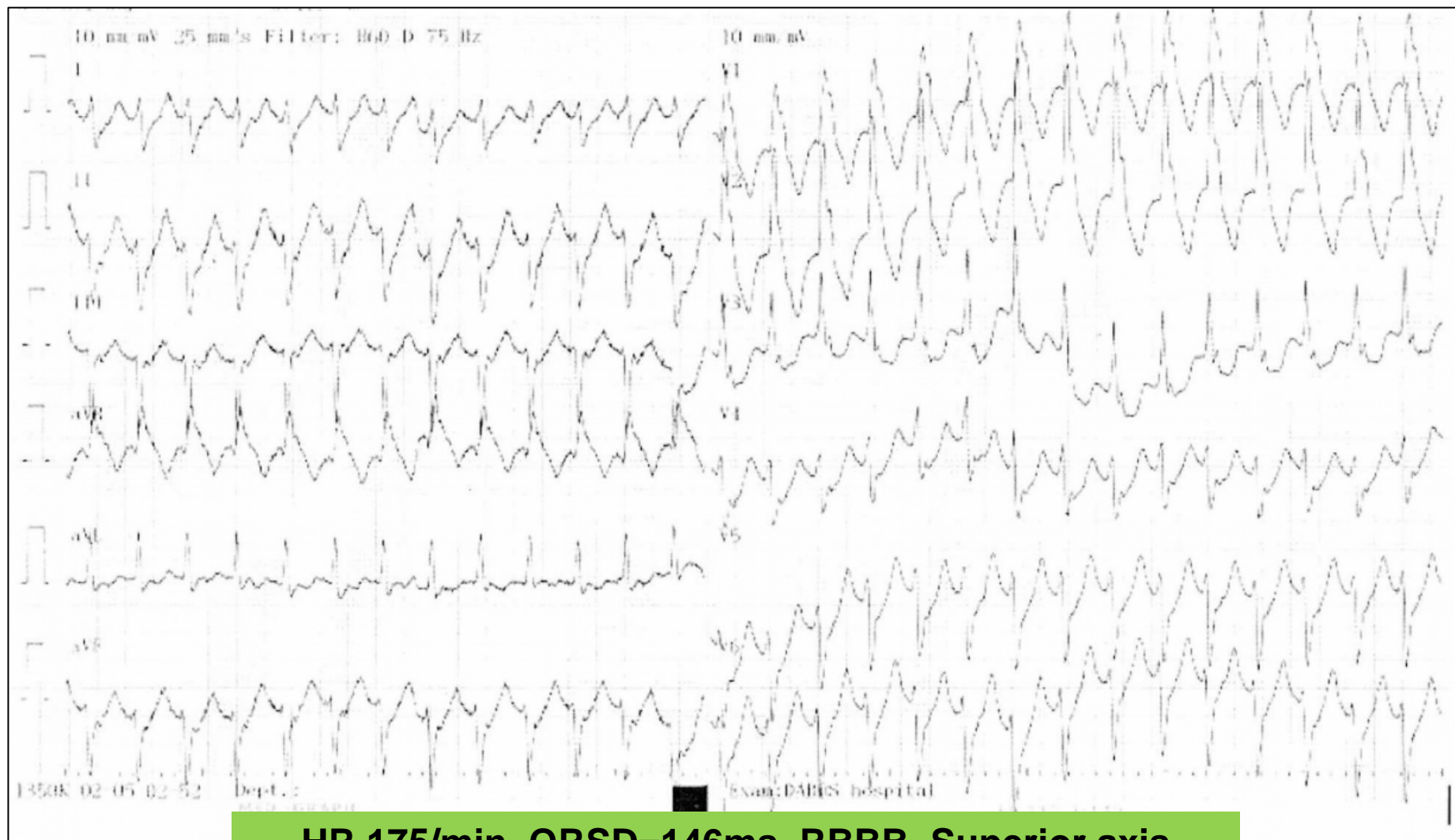
# ● VEST 400/260/250/240 – No VT Induction



# ● Post ablation



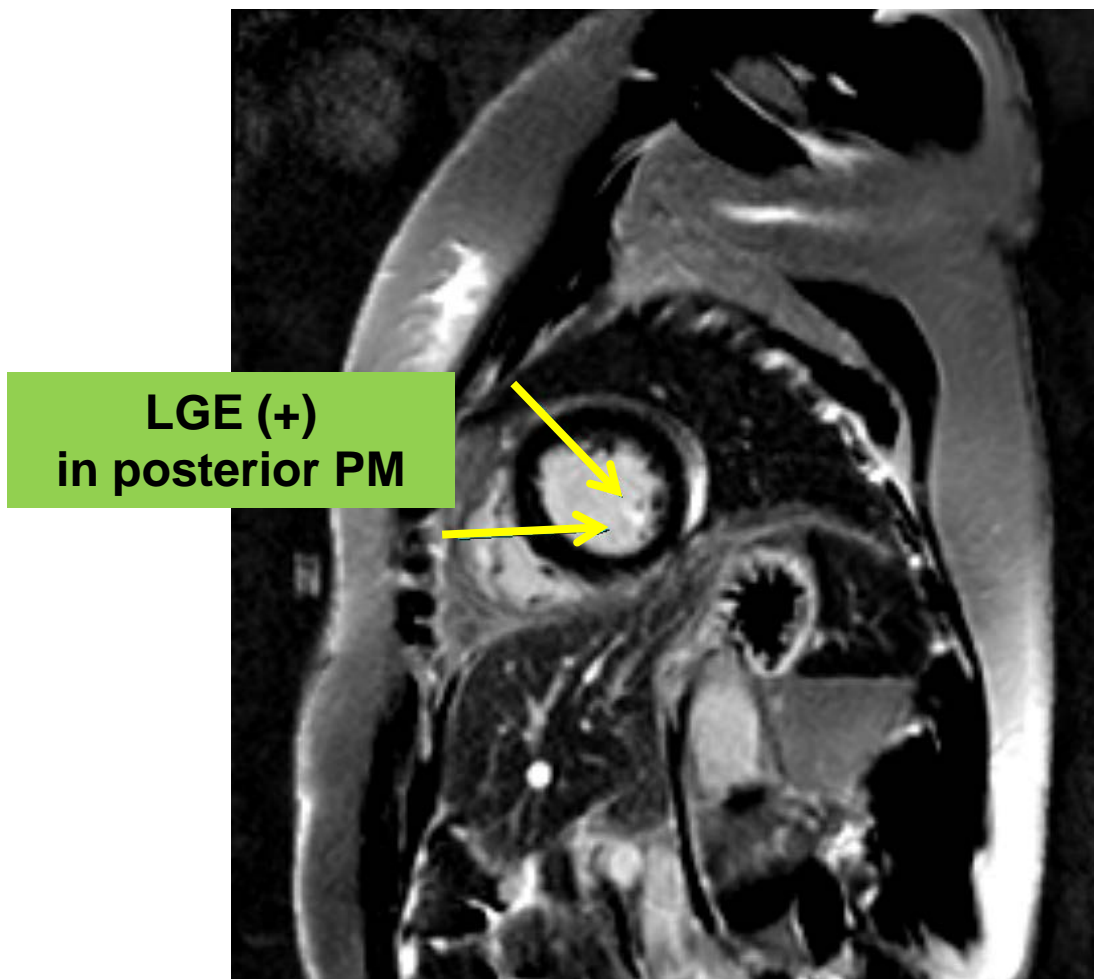
- F/58, Palpitation and chest pain



HR 175/min, QRSD=146ms, RBBB, Superior axis



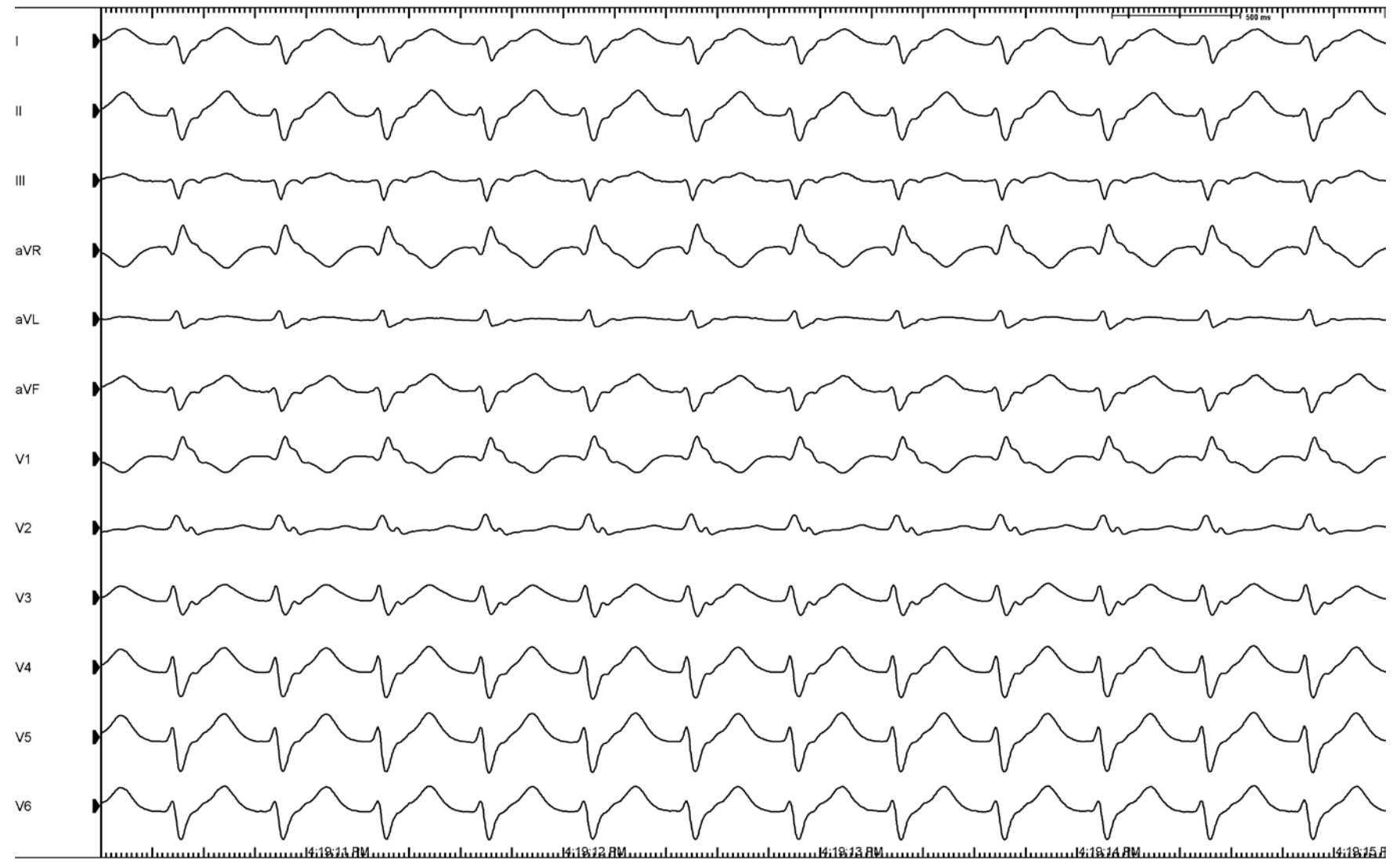
- Cardiac MRI



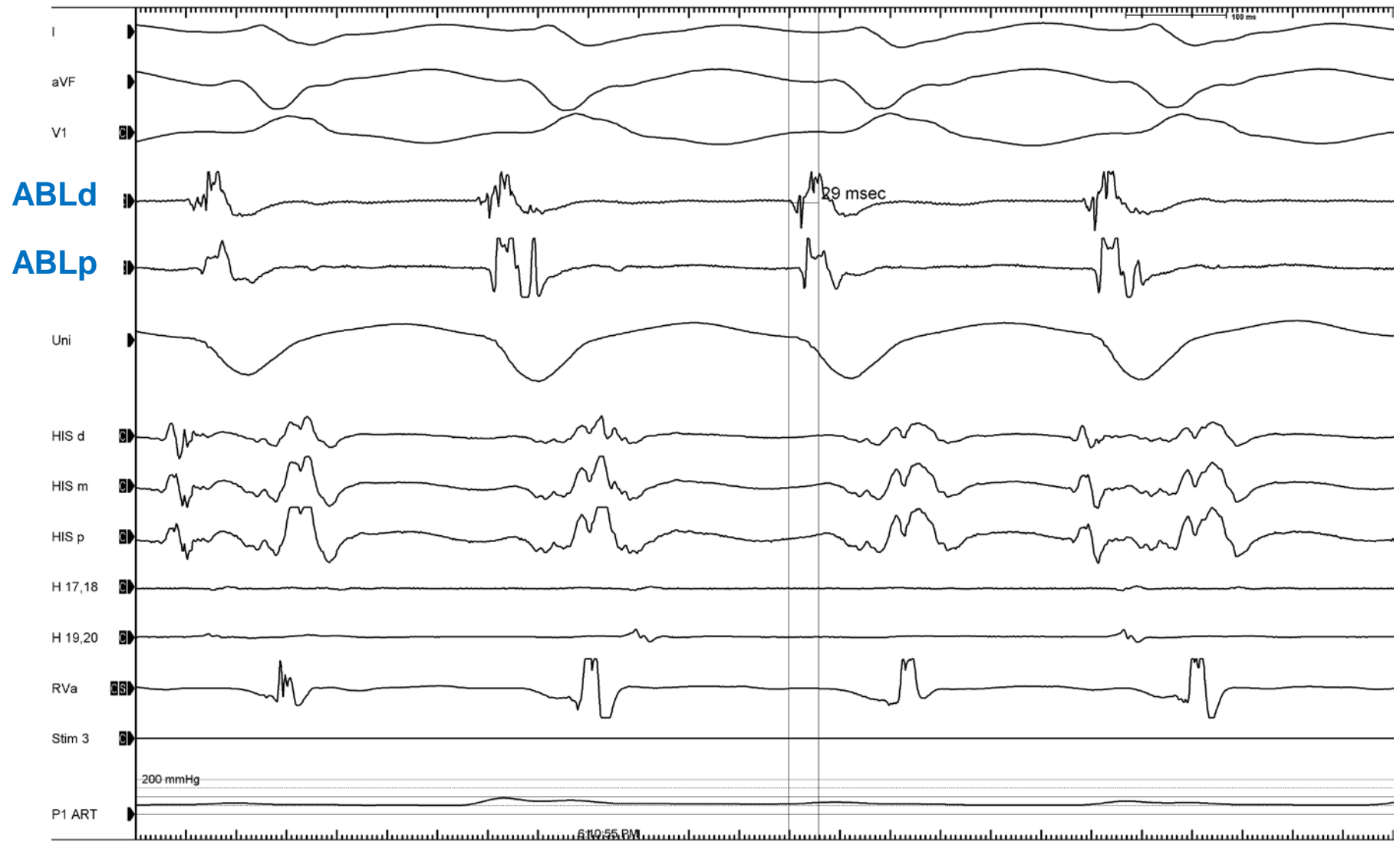
# ● VT induction



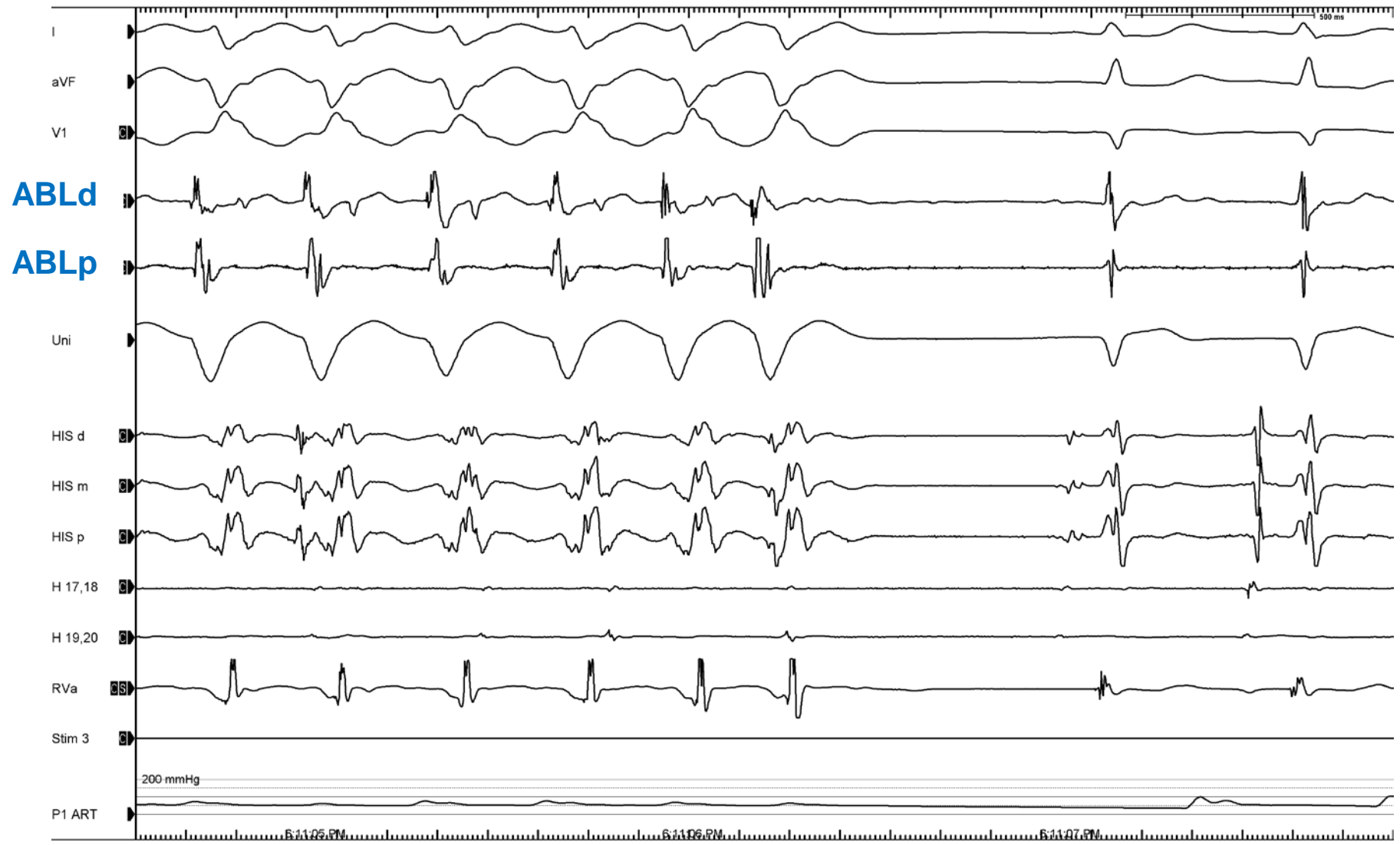
# ● VT, 12 lead ECG



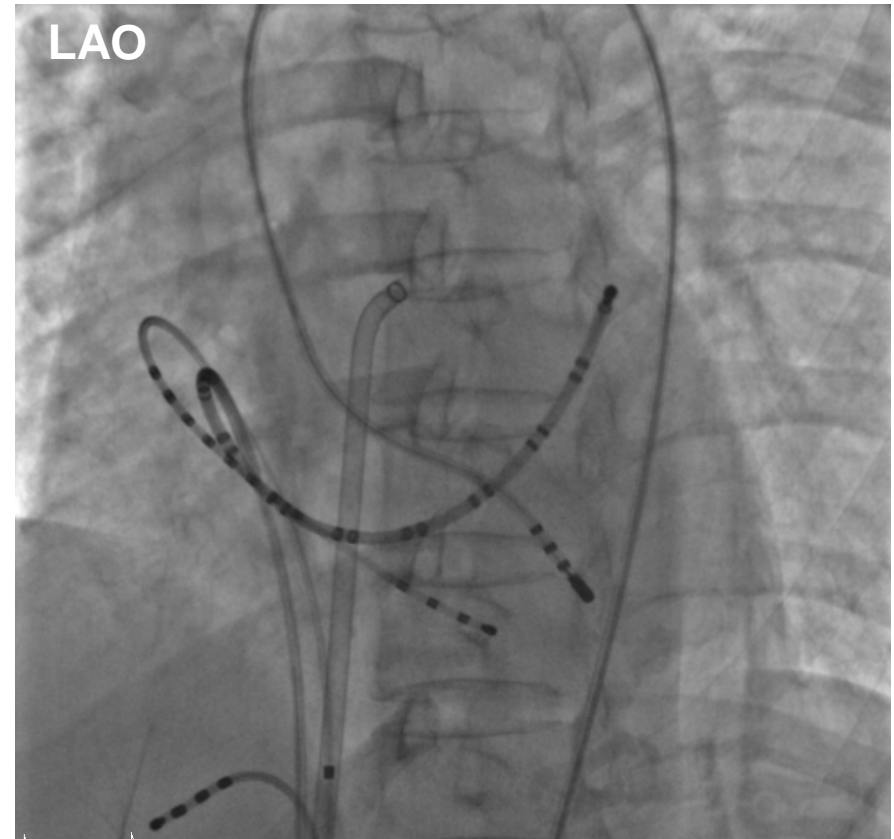
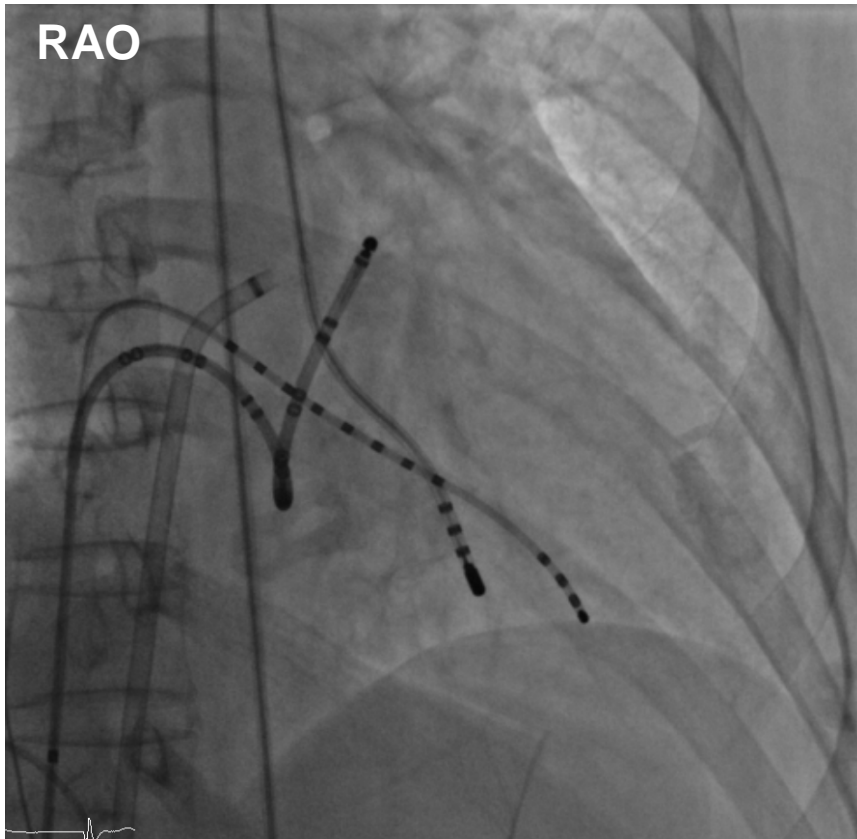
# ● Activation mapping, -29ms earlier than QRS



# ● VT termination during ablation

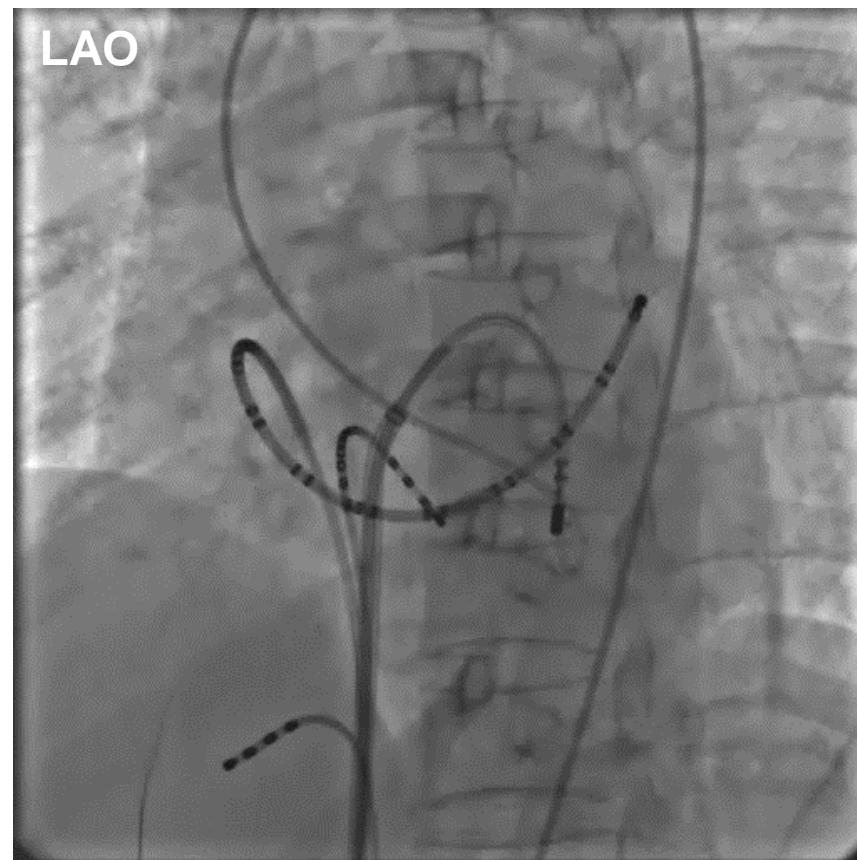
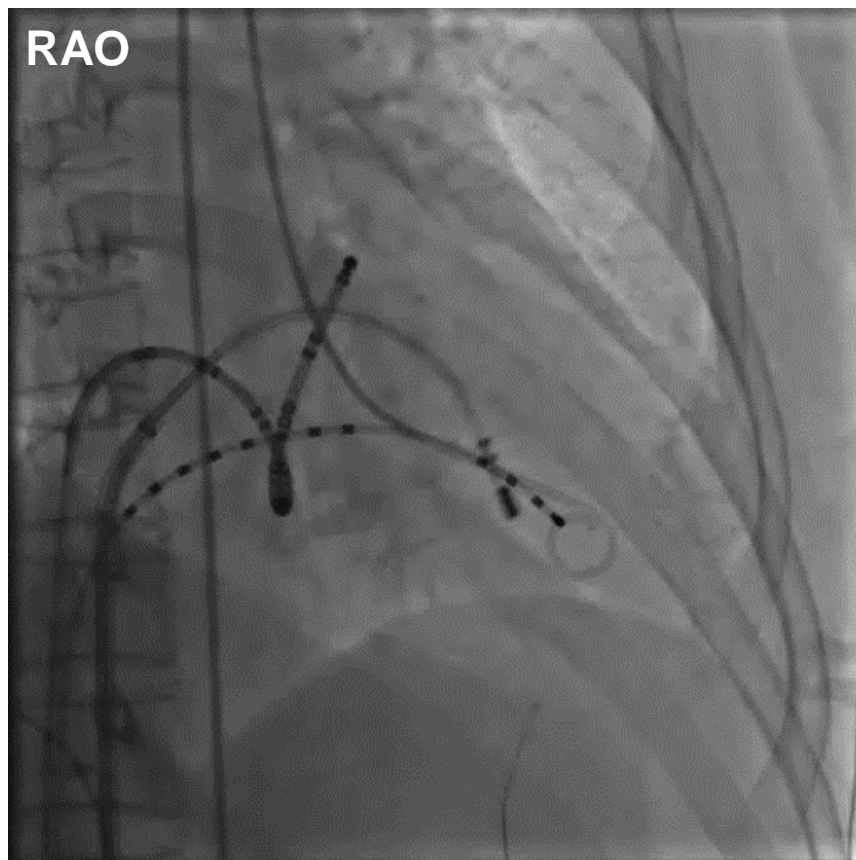


- Ablation site, retrograde transaortic approach

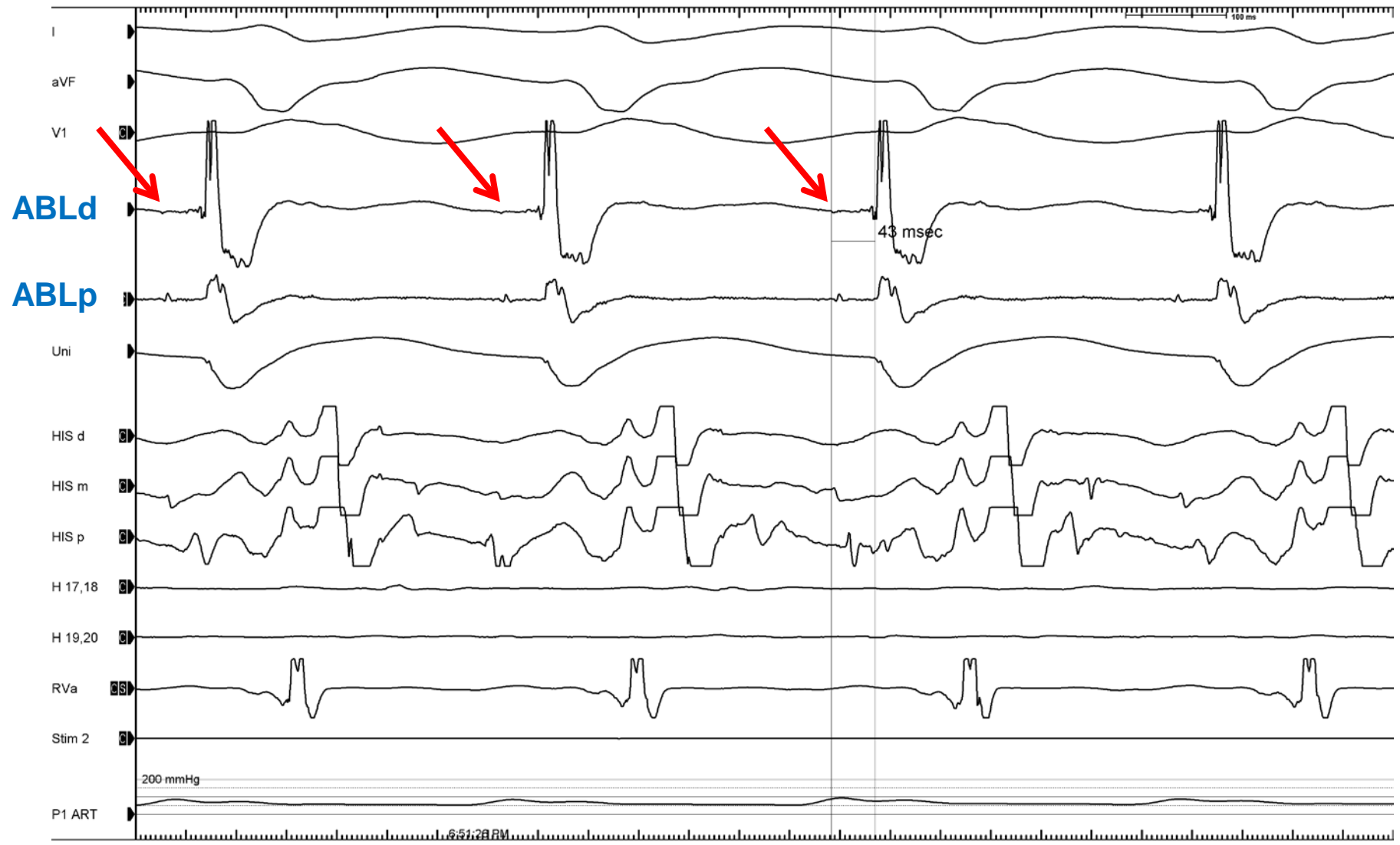


However, VT was still inducible despite repeated ablation...

- Transseptal approach, LV angiogram



# ● VT induction, activation map, -43ms earlier than QRS

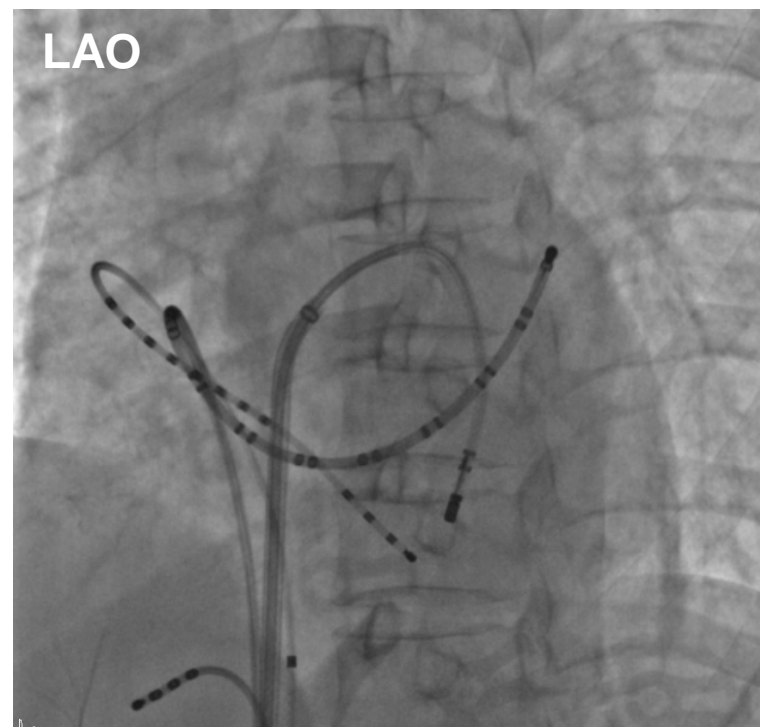
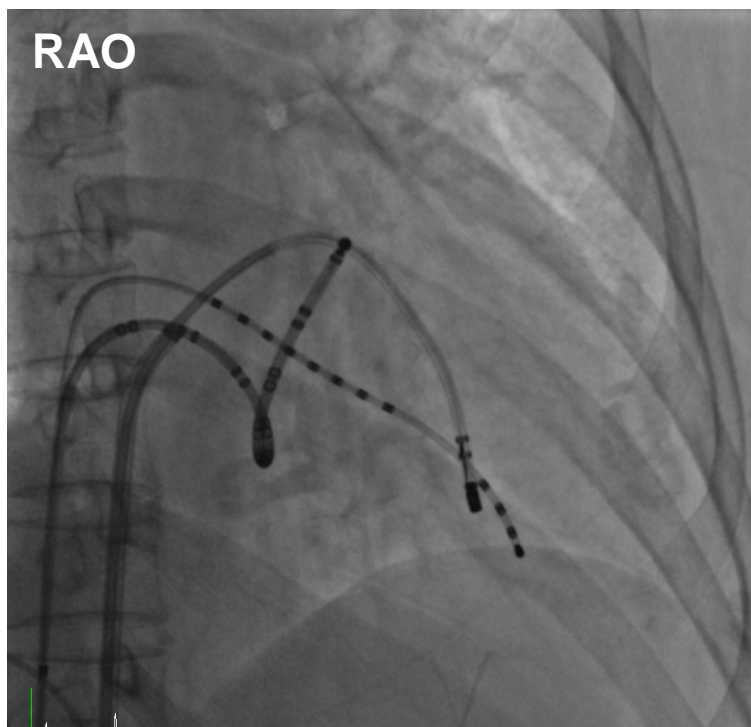
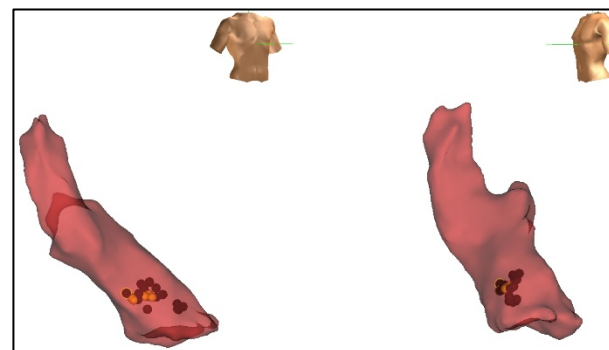
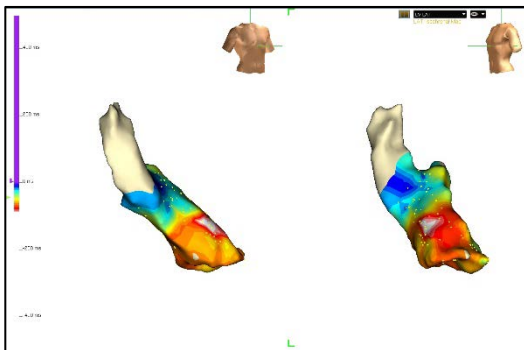




# ● VT termination during ablation



# ● Successful ablation site



# Catheter Ablation

- **Challenging issues**

- Complexity and variability of PM anatomy
- Potentially deep intramural site of origin
- Catheter stability

- **Deep intramural origin**

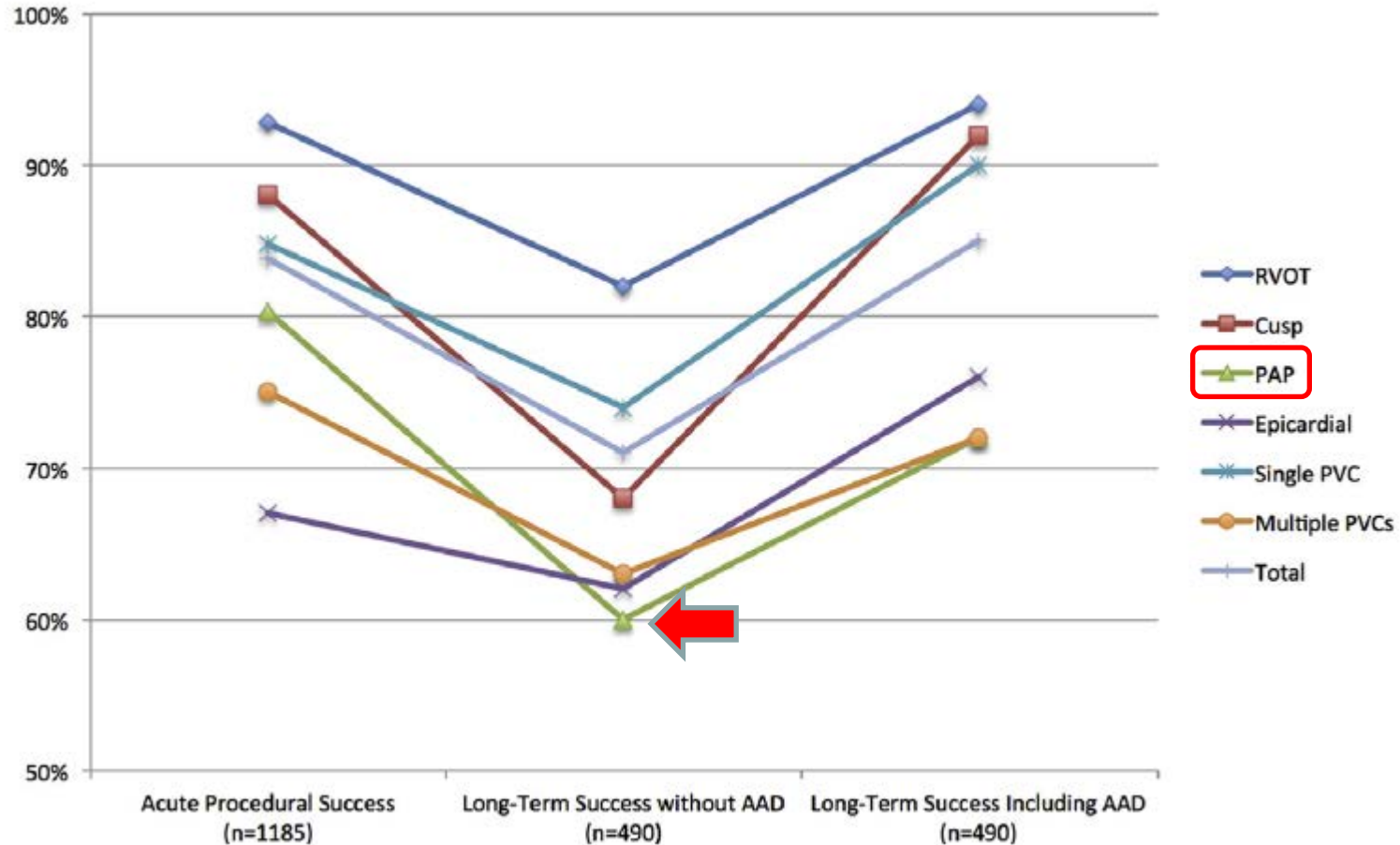
- Best site of activation is  $\leq 20$  ms pre-QRS
- The signal appears farfield looking
- QRS morphology changes with an RF application
- Surround the base of the PM with lesions aiming for exit block

# Catheter Ablation

- **Techniques to improve procedural success**
  - Irrigated-tip, 8mm tip catheter
  - RV pacing
  - ICE to evaluate catheter contact
  - Carto-sound or MDCT image integration with electroanatomical mapping
  - Contact force sensing catheter
  - Cryoablation

# Outcome of Catheter Ablation

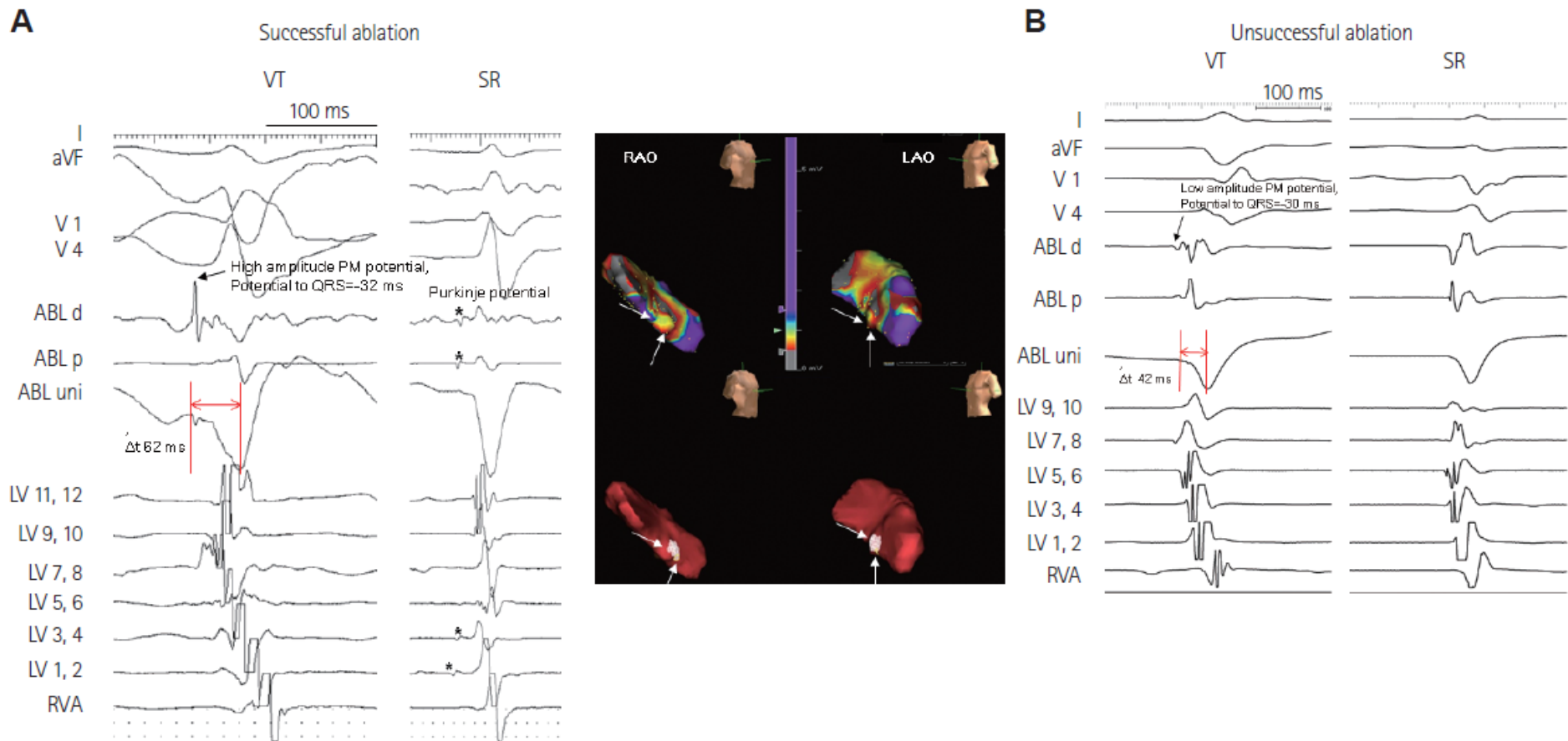
- N=1,185 (55% female; mean age 52 ± 15 years)
- at 8 centers between 2004 and 2013



Latchamsetty R et al. JACC Clin Electrophysiol. 2015;1:116-123.

# Predictors of Outcome

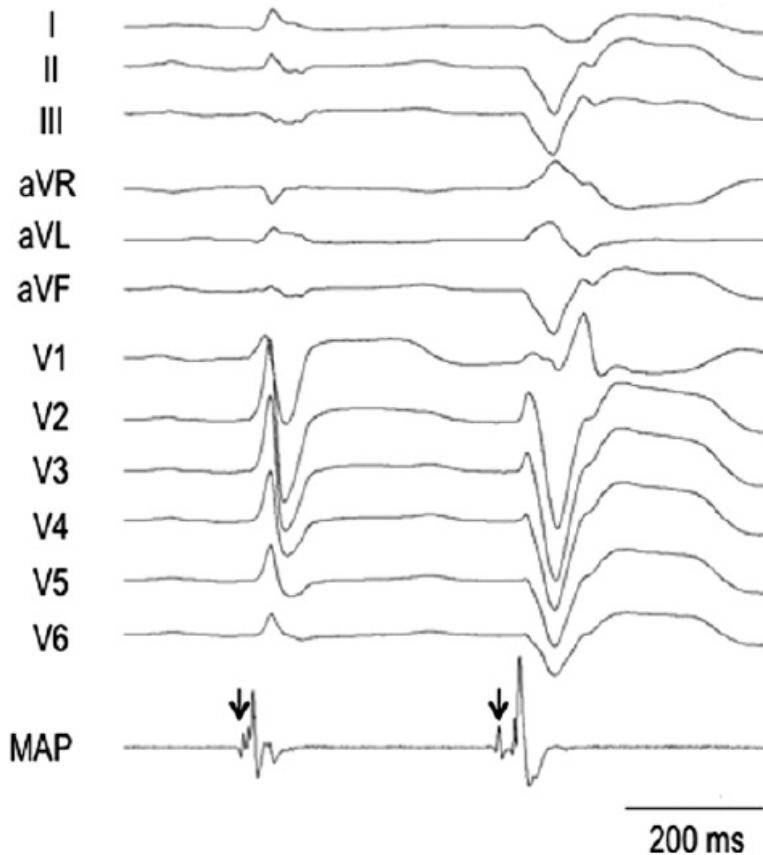
- High-amplitude discrete potentials before QRS and slow downstroke of the initial Q wave on the unipolar egm were related to favorable outcome



Ban JE et al. Korean Circ J. 2013;43:811-8.

# Predictors of Outcome

- The presence of Purkinje potentials at the site of origin and a smaller size of the PAP are associated with successful ablation of PAP arrhythmias.



|                                     | Effective (n=31) | Ineffective (n=9) | P-value |
|-------------------------------------|------------------|-------------------|---------|
| N of PVC morphologies               | 4±3              | 4±5               | 0.6     |
| <b>P-potential at ablation site</b> | 15 (48%)         | 0 (0%)            | 0.02    |
| Activation time (ms)                | -31± 18          | -28±7             | 0.66    |
| <b>Pacemapping</b>                  | 22(71%)          | 2 (22%)           | 0.02    |
| <b>Total PM mass</b>                | 5.3±1.8          | 9.1± 4.8          | <0.01   |
| <b>Arrhythmogenic PM mass</b>       | 2.3±0.6          | 4.7±2.2           | <0.01   |

Yokokawa M et al. Heart Rhythm 2010;7:1654 –1659.

# Summary

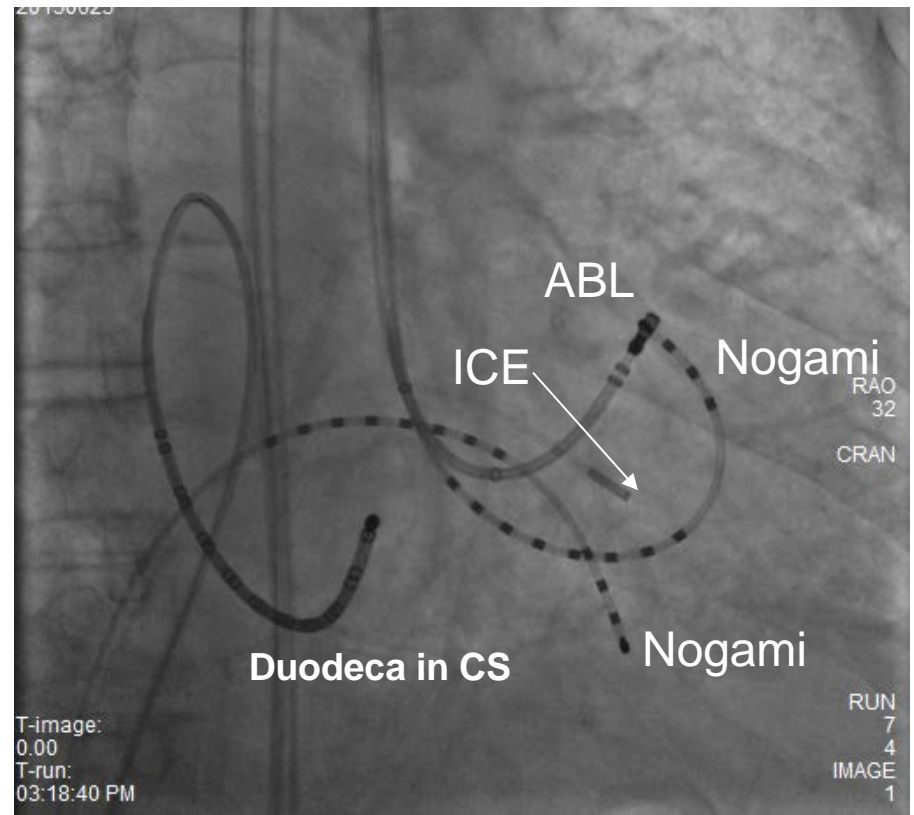
- **Mechanism:** focal (non-reentry)
- **ECG characteristics:** differential diagnosis and preprocedural planning
- **Mapping:** activation mapping complemented with pace mapping
- **Catheter ablation:** effective but challenging
  - Complex anatomy and stability issue
  - Often deep site of origin with multiple exits
  - Multiple ablation lesions frequently required
- **Use of ICE:** help localization and good contact





● EP study, catheter position

RAO



LAO

